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NAUTILUS

MAGAZINE OF
NEW THOUGHT

EDITED BY
ELIZABETH TOWNE
AND
WILLIAM E. TOWNE

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A New Way
to
Concentrate

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There is the case of the Minnesota photographer
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a result of his visualizing the use of photographs
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How two young people visualized a home.
(Page 109.)

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Act On These Ideas!

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izing so as to create the
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home, your business, your
surroundings, etc.
- A mental picture of a roll
top desk that came true.
- How to make your mental pic-
ture strong and substantial.
- External helps to the begin-
ner in visualizing.
- How to be sure that you are
making the right kind of men-
tal picture.
- Anything your heart desires
can be visualized.
- Why it is right to demonstrate
beautiful clothes, an automo-
bile, etc.
- Mental focussing, the firming
principle in our thinking.
- How to image a beautiful
home, or a prosperous busi-
ness.
- How a possible cancer was
healed by true mental images.
- How to co-operate with your
mental pictures in making
them come true.
- How to make your thought
picture a definite thing.
- Use made of mental images by
a man who became twenty-four
times a millionaire.
- Enlarging your mental images
by the easiest and most suc-
cessful method.
- How a western youth visual-
ized a scrap of tin into a for-
tune.
- How an east side photographer
visualized himself into a mer-
chant prince.
- How idealizing the use of
photographs sold at retail 2,700
acres of land in 30 days.
- Selling 25,000 sheep by ideal-
izing photographs.

Say you saw it in NAUTILUS. See guarantee, page 5.

NAUTILUS NEWS

BY THE EDITORS

A Silver Jubilee Celebration is brewing. You will be invited to partake, and your invitation, with a surprising announcement, will reach you in this column of April NAUTILUS. This year 1923 is the twenty-fifth anniversary year of Nautilus publication. With April will come your invitation, with May number will begin the Real Celebration.

May is the Great Anniversary month of Nautilus Folks in Holyoke: Two of our editors were born in May; two of us were married in May and Nautilus arrived in Holyoke on that same day, May 26, 1900—in my big Saratoga trunk! And May marks the middle of Nautilus Silver Jubilee year. Watch for Your Personal Invitation in next Nautilus!

William and Elizabeth Towne.

**APRIL NAUTILUS
WILL BRING YOU
RESURRECTION AND
ASCENSION!**

Our Easter number of *Nautilus* will come showing you your wonderful opportunities in Spirit. Among the good things that will appear

in April *Nautilus* are these:

"Deformity is But Opportunity of Expressing the Highest Beauty," by Brown Landone: article ten in his wonderful series, revealing that which is "Deep, Deep Down in Our Hearts."

"Old Mysteries Under Analysis," by Claude William Chamberlain: number 9 in his series on "The Uncommon Sense of Psychology."

"The Story Your Mirror Tells," by our Dr. Orison Swett Marden.

Eliot Kays Stone contributes a page poem picture of the world in relation to you!—"Here's the World."

"How I Scored a Singing Success," a picture of fine achievement, by Rhoda Stanley.

"Faith Demonstrated," an intimate story by one who asks that it be signed, J. C.

"New Thought in the Churches," an illuminating article by Miss Harriet Bradbury, who has for many years used New Thought methods in her orthodox church assistant's work.

"Prometheus," by Helen Crane.

"Those Who Are Ambitious," by E. Cordelia Abbott.

"Creative Action Brings Success" and "To Make Your Thoughts Materialize" are two splendid articles by William E. Towne, which will appear in April "Views and Reviews." The latter includes a little Coué.

Say you saw it in NAUTILUS. See guarantee, page 5.

Important Notice To Nautilus Subscribers

If you find a yellow expiration notice and order form attached to this space it means that your subscription expires with this issue **UNLESS** your renewal has crossed this notice in the mails. Please renew at once so as to avoid missing an issue and to save the expense of removing and replacing your name on our list. **IF YOU WILL RETURN THE YELLOW ORDER BLANK WITH YOUR REMITTANCE SO THAT IT REACHES US BY THE 20TH OF THE MONTH OF THIS ISSUE WE WILL CREDIT YOU WITH 13 MONTHS FOR \$2.00.** We can afford to give you an extra month for prompt renewal.

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Elizabeth Towne wrote a unique little New Thought booklet called "JUST HOW TO WAKE THE SOLAR PLEXUS." It met with immediate favor and over 200,000 have been sold.

ELLA WHEELER WILCOX was among those attracted by it. Mrs. Wilcox gave the book a flattering review notice, in which she said:

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This odd little book contains deep breathing exercises of special value. It teaches that the Solar Plexus is a center or storehouse of power and energy that can be radiated to the whole body.

This book will help to outgrow worry, fear, nervousness, anger and develop concentration.

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Divine Love Heals

I have had long experience as teacher and healer, and would be glad to advise and help you. No charge for treatment; free will offering accepted if helped. Have helped many; may I not endeavor to help you. *All I ask is the chance to serve.*

Matthews Dawson, Chevy Chase, Maryland

Four more of those stories about children who healed themselves and others by the power of the spoken word, by Alberta Mastin Carter: "A Little Child Shall Lead Them."

The class work conducted by Elisha Wallace, in the Co-operative Study Club Department, will deal with specific directions for "Prevailing Prayer."

Mrs. Annie Rix Miltz will continue her "International Sunday School Lessons" in the light of New Thought. Tell us what you think about this department: it is planned to serve everybody who goes to a Sunday School of any denomination, or who teaches or directs such a Sunday School. It seems to me that Mrs. Miltz is giving our readers a wonderful service in this new department. What do you think about it?

My own Elizabeth Towne Editorials will include—perhaps—more Coué-iana!—new pictures of truth for your "imagination," to be converted into REALITY; including a long editorial on "The Spirit Organizes Us for Equal Distribution of Good." So you see, the universal "group," as well as the individual unit will be ministered to, in my April editorials.

ADVENTURES WITH COUÉ AND BEYOND!

I am planning to continue my study of Coué and his methods, and to keep using his mantram, in addition to my own methods and "pictures" of truth. After another six months I shall have something else to say about Coué. I am planning to visit him in Nancy, France, when I go abroad for the I. N. T. A. adjourned congress in London, next July.

I have his little book, which gives every bit of the material that he has used in his public lectures, and I mean to keep on studying it, as he says *he* studied faithfully the course in hypnotism which he got by mail from Rochester, New York, about twenty years ago, and which he says is the basis of his method. We can furnish to our readers his little book, "Self-Mastery Through Conscious Auto-Suggestion," for the price of \$1.00, postpaid, if you cannot get it at the newsstand or bookstore.

At the end of about six months, we are going to offer cash prizes for brief personal experiences in the use of Coué's method and mantram. These articles must be based upon an extended experience; not to exceed 1,500 words.

The first prize will be \$50 cash for the best acceptable article. The second prize for an acceptable experience article of this kind, will be \$20. And for all other articles of this kind that we accept, we will pay one cent a word.

Now, please do not rush us, like a football squad!—remember that the articles *must* be based on at least six months' experience with Coué's methods and principles, they must give your exact and honest experience, and they must show wherein you have used and then improved upon him, either in method, in explanation of principle, or in devising a man-

(Continued on Page 44.)

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METAPHYSICS PSYCHOLOGY CHRISTIANITY



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If you can only read and write, you can make Dr. Haddock's amazing course bring you almost anything you want! Your success becomes rapid—sure—easy!

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I wish I had space enough to tell you all the wonderful things "Mastery of Self" has done for thousands of people. But it is impossible, so

we have written a new booklet, "The Power That Compels Success," which will show you how to double your power of accomplishment—how to double your ability to think—how to banish your fears, self-consciousness, worries,

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Address.....

Say you saw it in NAUTILUS. See guarantee, page 5.



Did the Devil Ever Hand You a Package?

IT MAY be that you do not believe in the existence of a personal devil. But we know a man who does. He

came to see us not so very long ago, and told his story in language substantially as follows:

"All my life I have worked, and planned, and skimped, and tried to save, in the hope of really having something, being somebody, and providing for my loved ones as I wish to provide for them. God knows I have done my best, and several times it has seemed that I was well along the road to success; but each time the devil came forward and handed me a package which made me bow-legged to carry, and held me back from the attainment of my hopes. Some unforeseen thing would happen, and all my work and planning would go for nothing. Of course, I have made a living; and I know a whole lot of people who are worse off than I am. On the other hand, I know a lot of people who have never worked half as hard as I have,

and yet they are abundantly successful. Why should the devil pick on me?"

The experiences of this man were not very different from the experiences of average men and women everywhere. He was just a little more frank and outspoken than the average, and a little more picturesque in his language. One of our teachers and confidential counsellors said to him:

"My friend, you have been handing those packages to yourself. There is a natural law of the human mind known as the Law of Reversed Effort, which, when its operation is invoked, turns one's efforts against him and foredooms his hopes to disappointment. You have been unconsciously invoking the operation of that powerful Law, just as the great majority of men and women are doing. You have invoked it by your methods of thought, and the mental attitude in which you have approached your work and problems. The modern science of Practical Psychology has only recently discovered this troublesome law, but it has already taught a great many men and women how to avoid its operation and turn their failures and disappointments into successes and realizations."

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THE REALIZATION SYSTEM OF PRACTICAL PSYCHOLOGY

Be Sure To Read: "He Can Who Thinks He Can," Page 18.

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CONTENTS:

Declaration of Principles of the International New Thought Alliance	12
Editorials	13 to 17
He Can Who Thinks He Can	18
'Tis to Hope (Poem)	19
Love and Duty (Poem)	19
Up and Over (Poem)	19
Deep, Deep Down in Our Hearts: Art. IX, Condemnation is But a Desire to Live Ideally	20
Unfinished Business	21
The Uncommon Sense of Psychology: VIII, Common and Uncommon Development	22
Views and Reviews	23 to 26
The American School Co-Operative Study Club: Prevailing Prayer; Lesson VI, The Prayer of Faith	27
All Things are Possible: An Experience for Children and Grown-Ups	29
Spinal Curvature Cured by the Use of New Thought	30
International Sunday School Lessons	31
Trifles (Poem)	33
Thought Projectiles for Success: With a Success Yell	34
Departments of Ways and Means:	
Things That Make for Success	37
Family Counsel	39
Whole World Realization	40
Little Visits	40
Nautilus News	1

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THE NAUTILUS

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These Are
Some of
The Nautilus
Contributors
For 1923-1924
Others
Coming

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- BALTIMORE, Md.**—New Thought Center and reading room, 603 N. Paca st. Rev. Grace A. M. Diggs. (Col.)
- BISBEE, Ariz.**—Episcopal New Thought Center, St. John's Episcopal Church. Rev. Geo. C. Golden. (M)
- BOSTON, Mass.**—Mrs. Mary E. T. Chapin, 158 Newbury st. Mid-week meeting. (M)
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—Astrological and Occult Book Centre and New Thought Library, 687 Boylston st.
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—Progressive Thought Library and Institute, Old Library House, corner Horseshoe Common, Dean Park Rd. (M)
- BRIDGEPORT, Conn.**—The Bridgeport New Thought Center, 306 Fairfield av., Rev. De Witt Van Doren, lecturer. (M)
- BROOKLYN, N. Y.**—Radiant Center, Mrs. T. Shondy, 950 Greene av. (M)
- BUFFALO, N. Y.**—New Thought Society, Library, 795 Elmwood av., Tues. and Thurs. at 8, Sun. at 4 p. m. (M)
—League for The Larger Life, 152 Elmwood av., 2 to 5 and 7 to 9 p. m., Tupper 8511-R. (M)
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- CHARLOTTE, N. C.**—Truth Center, Dr. and Mrs. J. G. Robinson, 433 South Church st. Thurs., 8 p. m. (M)
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"The benefits I have derived from this book have simply been marvelous. Before reading Dr. Coué's book, I was constantly brooding and very melancholy. Now everything again seems bright and I am enjoying life as I haven't before in thirty years."

Mr. H. G. S., Oconomowoc, Wis.

"Self Mastery" has been a perfect wonder in awakening the people of this vicinity. One woman who was due for an operation for goitre, after reading the book and putting its teachings into practice, was sent home by the doctor, who said she needed no operation.

This saved her much suffering and probably a big doctor's bill. She blesses the Miracle Man of France. Mrs. M. F. W., Bloomington, Wisc.

Read These
Remarkable
Testimonials



The Above
Letters will
Convince You

Remember that Coué's presence—his own personality—is not necessary to effect remarkable cures. This book gives you his instruction the same as he would by word of mouth. You cure yourself by following his instructions.

It is now known universally that Coué cured Lord Curzon, Foreign Minister of Great Britain, and Countess Beatty, well known English hostess, of serious illnesses and that both made public acknowledgement of their cures, giving Coué full credit.

"Coué's optimistic formula of health has already penetrated the precincts of the White House. President Harding hoped that 'day by day' his cold would soon be 'getting better and better.'"—N. Y. World, Jan. 17.

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Mary Garden gives Coué credit for curing her of bronchial pneumonia, headaches and other ills. "I can't get along without Coué's book now," she says. "It is the last thing I see when I go to bed and the first thing in the morning."

Luther Burbank wrote: "Emile Coué merits our joyous admiration, universal love and immortal thanks for his wonderful emancipation proclamation."

Dr. Frank Crane writes: "He helps people get well by Autosuggestion. He asks the patient to use his imagination. He shows him how to do it. People get well by their own recuperative power."

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Declaration of Principles of The International New Thought Alliance

First Adopted by the Third Annual Congress, September,
1917, the Last Paragraph Added by the Sixth Congress.

WE AFFIRM the freedom of each soul as to choice and as to belief, and would not, by the adoption of any declaration of principles, limit such freedom. The essence of the New Thought is Truth, and each individual must be loyal to the Truth he sees. The windows of his soul must be kept open at each moment for the higher light, and his mind must be always hospitable to each new inspiration.

We affirm the Good. This is supreme, universal and everlasting. Man is made in the image of the Good, and evil and pain are but the tests and correctives that appear when his thought does not reflect the full glory of this image.

We affirm health, which is man's divine inheritance. Man's body is his holy temple. Every function of it, every cell of it, is intelligent, and is shaped, ruled, repaired and controlled by mind. He whose body is full of light is full of health. Spiritual healing has existed among all races in all times. It has now become a part of the higher science and art of living the life more abundant.

We affirm the divine supply. He who serves God and man in the full understanding of the law of compensation shall not lack. Within us are unused resources of energy and power. He who lives with his whole being, and thus expresses fullness, shall reap fullness in return. He who gives himself, he who knows and acts in his highest knowledge, he who trusts in the divine return, has learned the law of success.

We affirm the teaching of Christ that the Kingdom of Heaven is within us, that we are one with the Father, that we should not judge, that we should love one another, that we should heal the sick, that we should return good for evil, that we should minister to others, and that

we should be perfect even as our Father in Heaven is perfect. These are not only ideals, but practical, everyday working principles.

We affirm the new thought of God as Universal Love, Life, Truth and Joy, in whom we live, move and have our being, and by whom we are held together; that His mind is our mind now, that realizing our oneness with Him means love, truth, peace, health and plenty, not only in our own lives but in the giving out of these fruits of the Spirit to others.

We affirm these things, not as a profession, but practice, not on one day of the week, but in every hour and minute of every day, sleeping and waking, not in the ministry of a few, but in a service that includes the democracy of all, not in words alone, but in the innermost thoughts of the heart expressed in living the life. "By their fruits ye shall know them."

We affirm Heaven here and now, the life everlasting, that becomes conscious immortality, the communion of mind with mind throughout the universe of thoughts, the nothingness of all error and negation, including death, the variety in unity that produces the individual expressions of the One-Life, and the quickened realization of the indwelling God in each soul that is making a new heaven and a new earth.

We affirm that the universe is spiritual and we are spiritual beings. This is the Christ message to the twentieth century, and it is a message not so much of words as of works. To attain this, however, we must be clean, honest and trustworthy and uphold the Christ's standards in all things. We now have the golden opportunity to form a real Christ movement. Let us build our house upon this rock, and nothing can prevail against it. This is the vision and mission of the Alliance.

THE above official statement gives, as nearly as possible now, the principles upon which all New Thought people agree, under whatever name they teach. It was **UNANIMOUSLY** adopted at two Annual Congresses, constituted of the leaders of all denominations of New Thought. "New Thought" is the generic term for all persons who in their hearts subscribe to these tenets, under any name, from Christian Science, Unity, Truth, Divine Science, etc., all the way along the line to Coué, who is reported to have stated that he believes the "unconscious mind" to be "the soul."—E. T.

The NAUTILUS MAGAZINE

Self-Help Through Self-Knowledge

MONTHLY }
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} VOL. XXV
No. 5 }



*"Build thee more stately mansions, oh, my soul
As the swift seasons roll!
Leave thy low vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Till thou at length art free,
Leaving thine outgrown shell by life's unresting
sea."*

—Holmes' "The Chambered Nautilus."

Health Treatment a la E. T. and Coué.

HERE is a healing treatment. Use it twenty times every morning, and again twenty times at night just before you go to sleep. And use it whenever you *happen* to think about not feeling well, any time during the day.

But do not use it during the day *except* when you happen to think that you are "not feeling right."

The less you think about your health by day, and the more you ACT like a healthy, happy, normal, useful human, the more quickly you will realize your perfect healing. Here is the HEALING TREATMENT:

God's love heals me NOW: every day, in every way, I realize it better and better. Glory to God in the highest, Peace on earth and Good Will to all. I am now healthy, prosperous, strong, and happily active in all my work.

Take a piece of string and tie twenty knots in it, as Coué directs, then sit or

lie with that in your hand; close your eyes and whisper, or talk the treatment in a low monotonous tone of voice, moving your fingers from one knot to the next as you repeat the treatment; until you have done it twenty times.

If you happen to fall asleep while you are doing it, so much the better. But when you wake up, continue your healing treatment until you have completed the twenty times. It will not matter if you repeat it more times than twenty, but be sure you have repeated the full twenty. Do this the first thing in the morning and the last thing at night.

Never mind whether you *feel* that the treatment is working, or not! Simply keep at it. It certainly *will* work if you persist.

YOUR WORD OF HEALING TRUTH WILL ACCOMPLISH THAT WHERE UNTO YOU SEND IT.

Keep at it.

▽ ▽ ▽

Christian Science and Coué.

IN the Holyoke Transcript for February 5, Mr. Clifford Smith, of the publication committee of the First Church of Christ Scientist, has a letter of protest against my Coué ideas as

EDITORIALS *by* Elizabeth Towne

reported in that paper of January 19. The caption with his letter is "Christian Science Leader Protests Misconception of Fundamentals".

When Mr. Smith wrote that letter, the emphasis in his mind was apparently not on the first word in the name of his science, or he would not have accused me of "attempting to confuse": my "attempt" was to stress the unity in all methods of healing, instead of confusing the central truth by bringing in the differences, which in the main are inherent in phraseology, not in truth itself. At least 99% of all metaphysical differences of opinion are matters of definition. In Christ principle all phrases are one, all are clear.

Until I studied "Science and Health" by Mrs. Eddy with Dr. John H. Wheeler of Kansas City,—by a socratic method of our own, for C. S. practioners are not permitted to "teach"—I was as much confused about C. S. terms as Mr. Smith appears to be now, by New Thought and Coué terms. Dr. Wheeler and his wife were at that time, somewhere about 12 years ago, the head of the C. S. publicity work in the middle west. I was introduced to him by a letter from Mr. Alfred Farlow, then head publicity man of the First C. S. Church in Boston. Every day for two weeks I studied "Science and Health" for an hour with Dr. Wheeler, in his own office. I went to him in the right spirit, with a will to learn, and the illumination I gained there was priceless.

I went to New York in the same spirit and will, January 28, to hear two lectures by Coué. I found him teaching, in the language made popular by scientific articles broadcasted through newspapers and magazines, the very same essential truth taught in a special

language of Mrs. Eddy's own devising, by herself and her church workers.

The Fundamentals of Healing.

THE first essential truth is that man is one with apparently infinite power and wisdom, which is God.

The second essential is that by BELIEVING in that power within himself, man can do what he chooses to do.

The third essential truth is that the process begins IN THOUGHT and that every thought which is accepted in the heart, or subconscious self, expresses according to kind.

Now comes Coué with a definite little folklore mantram, and a definite little method by which anybody who chooses can put that little picture of reasonable truth over into his "unconscious mind" where it becomes alive with God's life—there is no other life—and works ITSELF out: "Out of the heart" it now comes, a living fact—"As he thinks in his heart, so is he".

The truth of that little better and better mantram sets him free, day by day in every way, in harmony with the race thought of evolution.

Coué says imagination is the wonder worker, hold the picture and it will manifest, but YOU OF YOURSELF, your personal will cannot do it.

Christian Science says, "Divine Idea" does the healing, and personal mind and will are powerless, "carnal".

Jesus said "I of myself can do nothing—the Father in me He doeth the works." The Father in Him doing the works through him as Jesus "went about doing good": this was the PICTURE which Jesus held in mind, and which manifested itself in his life, not by personal will but by PERSONAL

EDITORIALS by Elizabeth Towne

DEVOTION TO HIS PICTURE of truth. "As he thought in his heart" (his imagination) so he was.

There is but One Power, God the Father, the Life of all, the only healer and guide and supply, working through all mankind according to the pictures held in mind-imagination.

Jesus' "pictures" of the Father and of man and his relations to himself and the Father, they ARE truth and life! All the churches have been established to publicize or evangelize the word pictures of Jesus, each church stressing some of his pictures and soft pedalling on others.

The New Thought Movement Includes Us All.

THE New Thought movement includes everyone who has taught since its beginning in that historic class of P. P. Quimby's from which came Mrs. Eddy to found the great C. S. church to put over *Mrs. Eddy's pictures* of the truth as seen by Jesus Christ and burbanked up to and including Quimby, her teacher; who was also the teacher of Emma Curtis Hopkins, Warren Felt Evans, the Dressers and others whose students and students' students are filling the world with their pictures of the Christ teachings, all under many names as to schools, churches, and individuals of the New Thought.

And now comes Coué condensing the principle into a simple method, with a jingle prayer which FITS IN or coheres with all the other pictures of good in the world, and behold, building upon the work of all the other New Thought teachers of the last 6000 years — not one of whom could be dispensed with without leaving a gap—Coué universa-

lizes the truth of healing—puts it over into the race consciousness, and day by day in every way we ALL grow better and better.

The difference between the schools that teach healing, lies in THE WORDS in which their pictures are expressed. The principle is one and indivisible: God and His Man; "male and female created He THEM and He gave THEM dominion" through their "spoken word".

Read "The Manhood of Humanity" by Korzybski, and you will see why it is taking all of us with our word pictures in many phrasings, to bring heaven to all of us on earth.

We are ONE and GOD is the one! Our presentations are like mosaic bits of the One.

▽

Our Mental Pictures.

THERE is One Mind in all, and that mind is God's mind.

To picture ourselves as finite, limited, lacking any desirable thing, is to hypnotize ourselves with untruth.

To picture ourselves as Jesus pictures us, co-heirs with Jesus and one with the Infinite Father, is to DE-hypnotize ourselves. The process is the same, the Power is the same in either case.

Hypnotism is "an artificial sleep produced by suggestion", induced by another, or by oneself.

An auto-suggestion is a suggestion administered to one's self by one's self. When a suggestion from any source, is ACCEPTED by the sub-conscious or unconscious self it becomes a LIVING WILL which expresses itself in external form without aid from the conscious mind. Then the external manifestation acts as a further and continued sugges-

EDITORIALS *by* Elizabeth Towne

tion, which in turn may be **ACCEPTED** and again repeated. Wherefore, "deny" the power of the undesirable suggestion: **CHOOSE** ye this moment what suggestion you will accept, to be thus worked out for you, from within.

Oh, yes, I believe Christian Science **IS** both Christian and scientific. So is Unity School of Practical Christianity, of Kansas City; and Home of Truth teaching, Mrs. Annie Rix Miltz of Los Angeles; and Divine Science College, Miss Nona Brooks, Denver, and 100 others I might name, all of whom trace back to that same class of P. P. Quimby's!

And so is Coué both Christian and scientific!

But no one of them can do the whole job of going into the all the world and preaching this gospel of scientific Christianity to **ALL** the world. Any more than a German Christian Scientist could come over here and evangelize America by talking C. S. in the German language. Our differences are mainly matters of language.

In truth we all are one, and God is the one.

▽ ▽ ▽

The Spiritual Democracy of New Thought.

ON page 12 of this magazine you will find the "creed" of the New Thought: the only religious creed in all history which is made and evolved by vote of the rank and file of its people. This was done and will be continued by the International New Thought Alliance, the one great organization which is managed for and by **ALL** its members and schools on an equal footing.

New Thought is the generic term for all who believe and teach in accordance

with this composite creed. The Alliance includes these under many different names, Divine Science, Truth teachers, Unity, Christian Scientists, Universalists, etc., etc. The C. S. Church has never recognized officially its unity with the New Thought movement, but hundreds of their students and ex-practitioners are active members. Unity School joined and afterward withdrew, but its students remain with the Alliance.

The New Thought movement is the **SPIRIT OF DEMOCRACY** in which every soul is an equally high priest; it is calling the world to its infinite individual and collective powers through **CONSCIOUS** union with the **FATHER** of All.

The International New Thought Alliance is the **ONE ORGANIZATION** in the world, so far as I know and believe, which is working out and working for the **DEMOCRACY OF HIGH PRIESTS IN CHRIST**, where all humans are welcomed as **FREE AND EQUAL** in divine rights and powers, and as divinely *different* in their leadings and in their outer forms.

The term New Thought was used as far back as Emerson and Margaret Fuller at least, whose writings reveal many repetitions of it, always spelled "new thought." Others who came after them, applied the term in the same way.

P. P. Quimby added suggestion and auto-suggestion to Emerson's Over Soul philosophy and called it Christian Science. Which Mrs. Eddy "discovered and founded" as the first real church of "this new thought" of God, moving man to express His Heaven on Earth.

The New Thought is more than any one church or teacher: it is **THE SPIR-**

EDITORIALS by Elizabeth Towne

ITUAL DEMOCRACY of those who believe and teach "this new thought," which traces back to Jesus Christ and His "new thought."

All the orthodox churches are high priesthoods; the New Thought is the SPIRITUAL DEMOCRACY of those who teach as Jesus Christ taught, each on the divine authority within.

A church liberates and publicizes the high priest, but it takes a DEMOCRACY to develop more high priests and new new thoughts.

New worlds in the heavens are not formed out of old worlds; they are formed out of the moving, changing nebulae. A church is a shining world, whose genius is a high priest; but the GROWTH of that church depends upon the DEGREE OF ITS DEMOCRACY.

The New Thought comes bringing to all churches THE SPIRIT OF DEMOCRACY based upon equality of divinity, as well as equality of humanity, in ALL individual souls—each soul a High Priest of God, to be listened to and ministered to as we ourselves would be listened to and ministered to.

It is the DEMOCRACY of Lord Gods of Earth who shall do, and ARE doing those "greater things than these," which Jesus foretold "*because* I go to My Father." Why "*because*"? For the reason that *following* a high priest *too* far BINDS you to him, instead of liberating you, to express your own Christ genius. Having taught his disciples the one thing which is vital, to look within for the divine genius with which you shall do the "greater things," it became "expedient" for Jesus Christ to take His high priest self, His Jesus self, out of their way so that they, too, like Himself, might "be about THEIR

FATHER'S business," instead of continuing under Jesus' personal direction.

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New Thought Helps You to Fulfill Yourself.

NEW Thought is not a competitive religion. It is not a new church. It is against nothing, it includes all of the truth of the ages, expressed in all of the churches.

New Thought does not call you out of your church or of any other organization: It shows you how to be a better member of your church, a better servant of man, a better glorifier and enjoyer of God in all that you do, wherever you are.

New Thought proclaims the Christ in us all, healing, prospering, comforting, and guiding us into His Kingdom Upon Earth.

It proclaims *all* men the sons of God here and now, fulfilling ourselves by letting God work in and through us expressing His Love in our loving service to the world.

To love God with all your heart, as your infinite Source of All Good Here and Now, and to love your neighbor *as yourself*, is the whole substance of New Thought.

We come not to do away with anything, with any organization, or with anything that has helped anybody in the world, at any time! We come to help the world, including every individual in it, TO FULFILL himself in divine truth.





He Can Who Thinks He Can

By Orison Swett Marden

▽ ▽ ▽

“**W**HEN GOD has a tremendous task to perform He usually takes some man and overloads him with egotism so he will tackle the job,” says Bishop R. C. Mitchell, noted student of men.

It was Napoleon's colossal faith in himself that made him a king among men in his line. Call it egotism, superstition, or what you will, it was his faith in his star that lent an immeasurable power to his life, that made it impossible to swerve him from his purpose. The secret of his masterfulness was born of the consciousness of his ability to do the thing he undertook to do. His egotism was an expression of confidence in himself, due to a self-knowledge which revealed to him his resources, his hidden powers, which others could not see. The secret of his daring was his unquenchable faith that the gun had not been made, the bullet cast, the bayonet tempered which could kill Napoleon.

No mere intellectuality, without this unwavering confidence in his power as a man of destiny, his unalterable conviction that Napoleon was “It,” could ever have carried him to his goal.

Who can defeat a strong man who believes in himself, who cannot be ridiculed down, talked down, pushed down, or written down? No power on earth can defeat such a man. Poverty cannot dis-

hearten him, misfortune deter him, or hardship turn him a hair's breadth from his course. Whatever comes, he keeps his eye on his goal, pushes ahead, and gets there! It is astonishing how the world makes way for a resolute soul, and how obstacles get out of the path of a determined man who believes in himself.

On the other hand, there is no philosophy by which a man can do a thing when he thinks he can't. The reason why tens of thousands of men are failures in life, or plod along in mediocrity when they have the ability to do something infinitely greater, is because they lack that faith in themselves which would enable them to tackle the job which they intuitively feel they should tackle. Many of them started out in life with high hopes of success, but soon began to deteriorate by doubting or depreciating themselves, or by losing confidence in their ability. They were afraid to take the steps necessary to their advancement.

Now, the moment you harbor doubt, and begin to lose faith in yourself, you capitulate to the enemy. Every time you acknowledge weakness, inefficiency, or lack of ability, you weaken your self-confidence, and that is to undermine the very foundation of all achievement.

The majority of failures are simply the victims of a series of mental defeats which have destroyed their self-confidence or so weakened it that they have ceased to try, or even to half try, to make good. If they could be made to believe in themselves, as they did in their younger days, they would still win out in a very respectable way, many of them, perhaps, in a remarkable way.

A man must believe in himself before he can utilize his power; he must believe that he can do what he undertakes or he never can do it. He must

be made to believe that success and happiness, that prosperity and enjoyment are his birthright, and that no one but himself can rob him of his divine rights, or he will never come into possession of them. He must first be made to feel that he is a real man, not a dwarf, that he is a somebody, not a nobody; he must be made to feel his power to triumph over circumstances, before a man can do a man's work. So long as he thinks he is down and out, believes he is a nobody, he cannot get a grip upon himself, he cannot use his power.

One reason why the human race as a whole has not measured up to its possibilities, to its promise; one reason why we see everywhere splendid ability doing the work of mediocrity, is because people do not think half enough of themselves. We do not realize that we are a part of the great causation principle of the universe. We do not know our strength, and, not knowing, 'we cannot use it. A Sadow couldn't get out of a chair if a hypnotist should convince him that he could not. He must believe he can rise before he can, for "*He can't who thinks he can't*" is as true as "*He can who thinks he can.*"

Give a down-and-outer a glimpse of his other higher, better self, give him a glimpse of his possibilities; show him that there is something still in him worth redeeming, that there are still great resources in him undeveloped, that he can make a splendid success, even out of the tagend of his life; arouse his ambition, restore his faded vision, his forgotten dreams, and there will be no keeping him back thereafter.

There is no law by which you can achieve success in anything without expecting it, demanding it, assuming it. There must be a strong, firm, self-faith first, or the thing will never come.

(Continued on Page 36.)



'Tis to Hope

BY GERTRUDE P. KNAPP

▽ ▽ ▽

O, it's Hope, hope, hope,
When there isn't any hope,
And it's keep on fighting to the end!
Just double up your grit when you feel
like losing it,
And peg away till matters start to
mend.

O, it's smile, smile, smile,
When you haven't any smile,
And take the blows of fortune in the
face;
Go ahead and see it thru with the nerve
and heart of you—
Put your soul into the running of the
race!

Up and Over!

By Florens Folsom

▽ ▽ ▽

EVERY day is a hurdle,—
With its duties wide and high,—
And it takes a run to clear it
With a jump that's clean and spry.

Every day is a hurdle:
Well worth, at the day's close,
The muscle-brace and mind-spring
On whose effort we arose!

Love and Duty

By Victor E. Southworth

▽ ▽ ▽

I N every flower its beauty—
In every hour its duty—
So life, a song, moves on;
By beauty loved, by duty done.



Deep, Deep Down in Our Hearts

By Brown Landone

▽ ▽ ▽

ARTICLE IX.—CONDEMNATION IS BUT A
DESIRE TO LIVE IDEALLY.

O vain mind, "Judge not, that ye be not judged!"

"Cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother's eye!"

O vain mind, "With what judgment ye judge, ye shall be judged!"

Soul, divinely seeing all things—seeing clearly all things made by God and of God—why dost thou let thy mind forever peer through a dark glass darkly?

Knowest thou not that thy condemnation but condemns thyself; that it is but a trumpet trumpeting to the world thine own shortcomings?

Yet back and behind and underneath thy condemnation, there is no evil,—for it is the urge of the spirit revealing to thee the lack it would overcome with the good it desireth!

Listen unto it, and be joyful; it is a messenger of good unto thee!

Search deep for that which thy soul in truth desireth!

Love thou it; and thy soul shall know no condemnation,—and no fear!

For with passing of condemnation, fear passeth also; and peace dwelleth within thee!

CHRIST was always very definite in stating relationships when he intended to express relationships; and, in Matthew 7:1-5, Christ does not say that if you judge, you will be 'judged by others' or judged by the Father.' More-

over, Christ does not say "Judge not, OR ye will be judged." Instead of 'or,' he uses '*that*,' which means a *casual* relationship.

These and several other features of these verses lead me to think that Christ intended the meaning of the first verse to be *reflexive*.

Whether you accept the reflexive meaning or not, it is certainly evident that the actual result is always the same: if you judge others, you *are* judged, and it is you who judge yourself; or, if the judgment is made secondarily by others, it is you who reveal to them the cause of such judgment. This is indicated by Christ's use of the word "that."

Some years ago, an inventor came to me, to interest me in financing the manufacture of a very remarkable machine. It was needed; and I knew that, if it would do the things he claimed it would do, it could be made a great commercial success.

He brought letters from many business men and bankers of his city and state and after presenting these, he at once began telling me *why* he had come to see me, stating that he had come to me rather than to anyone else because he knew I would deal *honestly* with him.

The word "honestly" gave me my first spiritual hunch. *Why* did his conscious mind think it necessary to tell me that he felt I would be honest with him? The *act* of coming to me was evidence that he thought *I* was honest.

Note this primal truth: When a person has already communicated a thought by *action*, there is something hidden in his subconsciousness, if he then attempts to *emphasize* it in words.

He also said that he had come to me because he believed that I had the vision to perceive, et cetera, and that I would recognize the service it would render, et cetera, et cetera.

This *emphasis* of personality gave me my second spiritual hunch. It made me think: "If this invention is what this man claims it to be and if he and it are so well recommended by bankers, why don't they finance it as a business proposition even if they are not interested in its service to humanity?"

So I began to question him. He was broke; he had worked at his invention for eleven years; it had taken a great deal of money; he had "given" a little interest this year to this man and a little interest that year to that man as this one or that advanced \$25,000 or \$30,000.

"What is the trouble now? Are not these same men—especially the bankers—interested, now that you have it perfected, in financing its production?"

That question brought out a two-hour story. He explained to me about each one of the men. He could not "fully" trust them; this man, a few years ago, after advancing \$20,000, had done so and so trying to get full control of the proposition; that man had tried to cheat him out; another man had done this; and another man had done that. In two hours he told me of the *dishonesty* of nine different men and these were the men whose letters he had shown me as commendations of himself and his machine.

This gave me the third spiritual hunch. Deep within myself something said, "This man would not be seeing dishonesty in others and condemning them one after another unless there is something dishonest within his own consciousness."

I admit there was a struggle going on between my conscious mind and my spiritual intuition. My conscious mind looked at the man, sized him up as best it could and decided he was an upright man and honest. It listened to his talk

(Continued on Page 35.)



Unfinished Business

By Chester Holt Struble

▽ ▽ ▽

MICHAEL ANGELO was an outstanding genius in his generation. Blessed with such tremendous abilities he should have been one of the happiest of men; yet he was at all times one of the most miserable. What caused his misery?

Was it lack of application? From childhood to old age he worked constantly.

Extravagance? He willingly went without even ordinary comforts.

No, his tragedy was unfinished business.

He could not resist the temptation to take on new commissions before he had completed work already in hand. When others asked him to do for them, he lost sight of his duty to himself.

Promises unfulfilled, thoughts of work but half finished, and despair at his inability to organize himself so he could complete more and start less, condemned him to lifelong misery of mind.

Perhaps you too are being preyed upon by forces which as surely tend to scatter your energy, make your works ineffective and your mind a tempest of doubts and discouragement.

If so, take an inventory of your unfinished business, say no to those who would give you new commissions, or offer time-killing distractions, and proceed to finish up all the half-done jobs, the thoughts of which constantly prick

(Continued on Page 41.)



The Uncommon Sense of Psychology

By Claude William Chamberlain

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8. COMMON AND UNCOMMON DEVELOPMENT.

YOU HAVE learned that the energy contained in the subconscious reservoir becomes active when brought into the consciousness of the mind.

You know that recalling the memory of some fearsome experience brings a feeling or emotion that produces certain activity within your body. Every other sort of an idea has associated with it the energy which produces some form of bodily or muscular activity when you bring it into the consciousness from the subconsciousness.

This feeling or emotion and physical impulse is modified by the recalling of contradictory ideas and there is a continual conflict going on within you at all times. Most of this conflict is not perceptible to you. It is only the more important activities of this impelling energy that comes to your attention.

Reviewing all that has come before in this study, we find that we have established two additional laws of the mind.

V.—The mind is made up of two parts, the consciousness and the subconsciousness; the former is made up of present sensory experiences and our knowledge; the latter is a great reser-

voir of ideas, emotions and motor impulses which are subject to recall singly or in groups in proportion to our power of dissociation.

VI.—The activity of any idea or complex in consciousness tends simultaneously to produce an associated emotion or vibration and to impel certain appropriate bodily or muscular activities.

Now, we know that we can direct our subconsciousness and that we can control all of that great energy within us by concentrating our attention upon the activities which we wish to control.

If this is true, then we are master of ourselves and can direct our destinies; this control being modified only by our inherited tendencies, native ability, and that physical environment which seems to be above our power to control. If it is the consciousness which directs and controls the energy, then we must depend upon the consciousness to do the work.

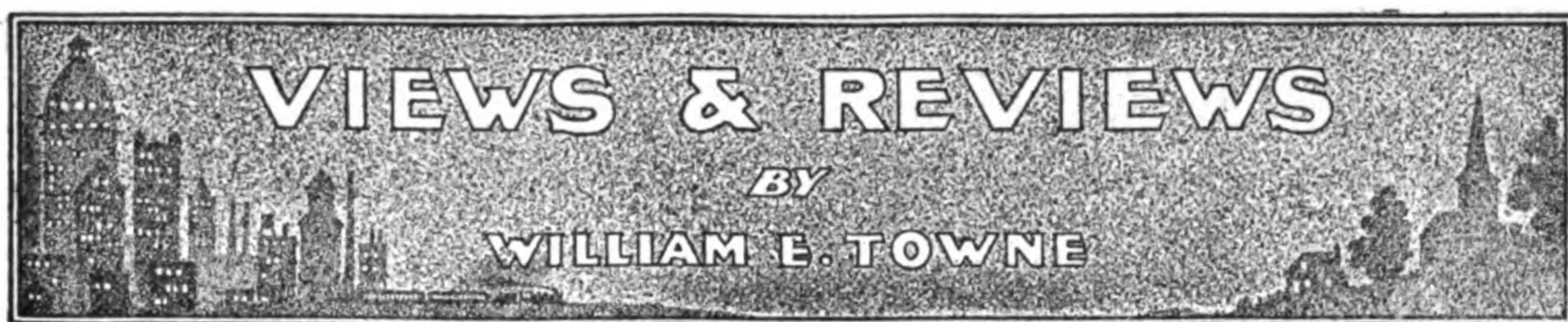
We know (1) that we can accomplish no new thing without directing our attention to it and we know, also, (2) that the mind works most efficiently when at the greatest degree of attention. If we can shut out contradictory ideas, and we know that we can, then we believe that thing which we hold in our consciousness. Believing it, we are impelled to feel and act in harmony with it.

The method of (1) *focusing* our attention upon a given idea or complex and (2) *holding* that focused attention there, is the most powerful and wonderful of all devices which have been discovered in the progress of man.

It is called concentration.

Now, there are various degrees of concentration, some of which you have used intelligently since your earliest memories.

(Continued on Page 41.)



REMOVING THE INHIBITIONS.

WHEN Coué helped a lame man to throw away his cane and walk, back of the scenes in the Knickerbocker Theatre, New York, the other day, he did not put anything into that man that he did not already possess. All that Coué did was to give the man, through auto-suggestion, an idea of *confidence*. "Yes, you *can* walk," he said to the man, and he *did*.

It was simply a case of removing, or overcoming, an inhibition that the man had been holding for months or years. He had been injured in an accident and the idea of permanent lameness had possessed him. When that idea was displaced by the idea, "I *can* walk," "I can, I can," he stepped out to his car without assistance.

Sometimes these mental inhibitions lead to absurdity. Dr. Paul Dubois, the French authority and lecturer on psychotherapeutics, relates such a case in his practice. A woman came to him who could not endure the odor of flowers. If she went into a room where there was a vase of flowers—any kind of flowers—she grew deathly sick and even sometimes fainted. On her second visit to his office Dr. Dubois had placed a large bouquet upon a table in the center of the room. As soon as the lady caught sight of the flowers, she gave the doctor a reproachful look and fainted. When she revived he insisted that she approach and smell the bouquet. She remonstrated vigorously. He insisted that if he was to help her she must follow his directions and carry out the treatment

he prescribed. Finally she walked to the table and gingerly sniffed at the flowers, only to discover that they were *artificial*.

It did not need much explanation to show her that her ailment was entirely of her own creation and existed only by virtue of her mental attitude, even though serious physical symptoms followed.

When it comes to success and efficiency, innumerable people are the slaves of inhibitions that keep them from filling the place in the world of action to which their natural ability would entitle them.

An official in a company that operates one of the largest and most exclusive hotels in the United States, writes us that up to the age of 45 he had been a complete failure, never able to earn more than \$75 a month.

At that time he became interested in New Thought, accepted a new *idea*, the idea that *it was possible* even then for him to succeed. He took a minor position with the hotel company, and even his employers doubted his ability to fill it successfully. He *acted*, as well as visualized and affirmed, and was advanced with phenomenal rapidity, wholly on account of his efficiency, to a \$5,000 position.

Still more remarkable was the case of a blind man who wrote us his experience some years ago. I will quote his own words: "When New Thought and the first copy of *Nautilus* came to me several years ago, they found me out of work, out of money, out of heart. They also found me totally blind as a



VIEWS & REVIEWS

BY WILLIAM E. TOWNE

result of typhoid fever, with my education incomplete. I gave myself into the hands of New Thought, and it took me through one of the leading colleges of Michigan, with sightless eyes and limited funds; it pushed me into an insurance job paying nearly \$1,000 a year; it brought me into demand as a public speaker; it developed my inventive faculties and gave me a U. S. patent; it brought me success as a journalist and attracted to my side the woman God gave me. These New Thought principles are still bringing prosperity, happiness and spiritual healing into my life."

No wonder that Coué refuses to set a limit to the possibilities of auto-suggestion.

You do not need to *get* strength or ability or even health. You do not need to exert your will consciously. All you need is to be *willing* to let go of the past and to re-new, re-educate your mind to new ideas, to picture yourself as taking your place in the new environment that you desire, to *believe* that you *can* go forward to that new environment and *act accordingly*. Then day by day you will, indeed, grow better and better and approach closer and closer to the perfect realization of your ideal.

You already *have* the strength, the ability, the power—but they are tied up with the inhibitions of old beliefs, old mental ruts and habits of thought.

Take the brakes off your forces by holding the new ideas of power and freedom, the new mental pictures to correspond, before your unconscious mind, and your forces will be released for successful action.

FAITH will grow if you THINK and PICTURE mentally that which you

desire, and plan the ways and means of action that will take you toward your goal.

WHY WE CREATE AND MAINTAIN AILMENTS.

WE CREATE and hang on to our ailments, nervousness, fears, etc., because, in a negative way, it satisfies some one of the three or four primary instincts that make up the life drive.

The ailments furnish a means of escape from a difficult situation. When it is becoming more and more difficult to satisfy some one of the instincts, the ailments hold out promise of an easy way to gain the desired satisfaction.

A good illustration of this truth is to be found in shell-shock. It is now commonly accepted that the cause of shell-shock is the terrible repression of the self-preservation instinct that was inseparable from the duties of a soldier in the great war. When the strain became too great for certain natures, the unconscious mind automatically took refuge in shell-shock as a means of escape. (Dr. Josephine A. Jackson in her book, "Outwitting Our Nerves," says: "Under the strain and danger of life at the front there has developed a kind of nervous breakdown called shell-shock or war-neurosis, which seems in some cases to be based * * * on the unusual necessity for repression of the instinct of self-preservation. Army surgeons report that wounded men almost never suffer from shell-shock. The wound is enough to secure the unconsciously desired removal to the rear. But in the absence of wounds, the desire for safety may at the same time be so intense and so severely repressed



VIEWS & REVIEWS

WILLIAM E. TOWNE

that it seizes upon the neurosis as the only possible means of escape from the unbearable situation.”)

In private, every-day life it is most commonly some disappointment of the love instinct or of the desire to be great that leads one to take refuge in that negative condition that glorifies mental suffering and failure and clings to it in a morbid way instead of returning to normal methods of self-expression.

The man who has faced an uphill fight in life and met with much failure, often finds it easy to get into the habit of taking pride in his troubles. If he cannot satisfy his desire for greatness in the normal way of success, he can at least take a little mournful pride in magnifying his troubles in the hope that they will attract some measure of recognition from his fellows. If he cannot become great through his successes, perhaps he can get recognition through the obstacles he has met or has to meet.

Dr. David Orr Edson describes such a case in his book, “Getting What We Want.” At the time this man came to consult Dr. Edson, he was about forty-five years of age, highly educated, traveled, and had made considerable achievement in music and art. But he had not been able to succeed and secure recognition in a financial way. Money was the standard of greatness in the circle in which he moved. He was doubly anxious to succeed because he had a wife to support. He had an indulgent aunt with plenty of money. The situation was favorable to the development of a neurosis and this is what happened.

“The final blow came when he realized that he would have to give up his

automobile because of his dwindling income.

“To his conscious mind this stood for the complete failure of his fight for achievement and recognition. Suddenly that automobile typified all that he had struggled to attain in life and now he was going to lose it.

“He went to bed. A long succession of doctors, employed by his foster mother and discharged by him, passed upon his condition until he had practically exhausted the medical talent of the city. Slowly he improved, and at last was able to get about again. But he was never well. He has never been able to convince himself that he stands solidly on his own feet once more and, inspired by this conviction, to join again in the battle for achievement and recognition.”

“Meanwhile, he lives comfortably on his aunt’s money, goes to the country in summer and south in the winter. His conscious mind dwells on what he might accomplish if he “wasn’t so run down nervously.”

“I am getting you achievement and recognition,” retorts his foreconscious self, “and I’ll have a devil of a time if you get back your health. Keep away. It won’t do at all.”

So, while his conscious mind is not satisfied with the situation, he is so firmly in the grip of the negative habits, and the unconscious so strongly desires a continuation of present conditions, that he cannot face the thought of again entering into competition and earning his own achievement.

When Dr. Edson hinted at the real cause of his condition and the way out, he could not bear to even consider it.

"You are talking nonsense. Why, if I thought there were a scrap of truth in what you are saying I would go down and jump into the river or else blow my brains out."

The way to avoid such a situation is to adapt to each situation as it arises, to face and solve each problem as it comes along. In this man's mind a terrific conflict was created, due to the fact that while his conscious mind was fixed upon a high standard of wealth achievement his ability to realize that achievement was not keeping pace with his desire. As a consequence his unconscious mind began to seek a way out, a way of escape from a problem growing more and more difficult. He knew his aunt had money, and his unconscious prompted him to develop a nervous breakdown as a means of getting, through his aunt, the money he could not earn for himself.

If, when he found he was about to lose his automobile, he had accepted the situation, if he had said to himself, "I've been living beyond my means. I'll cut down expenses, accept a more modest standard of living, and begin again, work harder than ever and try new ways of securing recognition for my work", there would have been no mental conflict and he might have gone on to a success.

So long as you accept a situation, for the time being, and then work for better conditions, try again in a different way and keep the pictures of failure from your mind, there is no cause for mental conflict. It is when you ACCEPT failure, keep the idea of failure always in your mind and thus slip into the HABITS that bring on greater failure, that the mental conflict becomes intense and you more and more show forth failure in your life.

Direct your attention and your imagination so that you will find your sat-

isfaction in accomplishment, in constructive activity, even though it be in a small way, in habits that help you to success, and you will find that you have a power within you that cannot be wholly defeated but that will always come forth in response to your need and faith.

TO LIVE IS TO ACT.

SOME years ago a young man in his early twenties decided to commit suicide. On a beautiful summer morning he took a revolver and went to a remote place for the purpose of carrying his thought into action. At the critical moment he became possessed with a desire to know more of life, to understand better this thing that he was about to throw away.

He gave up the thought of suicide and became interested in psychology and New Thought. Where before he had been an abject failure he gradually became a success. He acquired friends and accumulated money.

In concluding his own account of his experience (which was published in the Success Letter Department of *Nautilus* some time ago) he expressed this great universal truth: "*Remember that to live is to move, and the power that moves us into Hell has the power to move us out, for life has no stopping places.*"

Tell Him So

By James A. Edgerton

▽ ▽ ▽

IF you have a word of cheer
That may light the pathway drear
Of a brother pilgrim here
Let him know.

SOCRATES said: "A man can get no nearer God than by giving health to his fellowman."



The Co-Operative Study Club

Conducted by Elisha Wallace

▽ ▽ ▽

EVERY Subscriber to *Nautilus* is a member of this New Thought Co-operative Study Club without cost other than the \$2.00 for subscription to the magazine.

He becomes an Active Member of the C. S. C. (Co-operative Study Club) in full fellowship, by carrying on the study club work as given month by month, beginning it **HERE AND NOW**. Those who are faithful to the work will need no correspondence; *they will find their questions answered in the Silence.* CLUB COMMUNION in the Silence aids all faithful members to the solution of their individual problems. Each for the Good of All and All for Each, the Heavenly Father "doing the works."

LOCAL STUDY CLUBS: Every Active Member of the C. S. C. may aid his friends and himself by forming a local C. S. C., thus entering into the complete benefits of Club Communion, by adding the PRACTICE, or EXPRESSION of Co-operative Study in groups, meditating and expressing together in divine freedom. Such Local C. S. Clubs should consist of from three to thirteen members, each of whom should be a subscriber to *Nautilus*; all of whom may, however, be served by one subscription, if deemed necessary.

ACTIVE MEMBERS of the C. S. C. may become **REGISTERED STUDENTS** of The American School of Metaphysics, Psychology, Christianity, by sending in a bi-monthly report of work done, each report accompanied by a love offering for the support and extension of the work.

Each month's work well done counts five credits for an Active Member, with a possible five additional credits each month for successful work as leader, president or secretary of a Local C. S. C. All these credits count toward the Master of Co-operative Practice degree, conferred by The American School. Prospectus of the School may be had by addressing The American School, 247 Cabot Street, Holyoke, Mass.

Key Thought to be affirmed by C. S. C. members in the Silence the first thing every morning and the last thing at night, also to be affirmed at the opening of every Local Study Club meeting.

**CHRIST in us,
Our light and life:
In Him we live
Forevermore.**

PREVAILING PRAYER.

BY ELISHA WALLACE.

6.—THE PRAYER OF FAITH.

BE SURE that the granting of your prayer will not interfere with the freedom of any living person; get into spiritual consciousness before you pray. Then address the Great Spirit Substance, telling Him exactly what you want; these we have seen to be requirements for prevailing prayer.

And now we add another: that you shall pray, believing that you receive.

It is vitally important that this belief shall not be a thing of the future, but of the living present.

Consider for a moment how Jesus describes the prayer of faith. In the King James' version, he says: "What things soever ye desire, when ye pray BELIEVE that ye receive them, and ye shall have them." The Twentieth Century Testament makes it: "*Have faith that whatever you ask for in prayer is already granted you, and it will be yours.*" This would make prayer more an affirmation of possession than a petition.

When you believe that you are given the thing you want, you do not ask that it *shall* be given to you later on; and if you do ask that it shall be given to you later on, it is proof positive that you do not believe that you are receiving it now.

But up to the time of uttering your prayer you have not received what you want; therefore it is necessary that your prayer shall begin with a definite statement of your desires. And the very instant your desires are stated, you know or believe that you are NOW receiving the thing or things asked for; you believe or know that the CAUSE which will bring them to you has been put in operation.

The first movement of that cause may be made a thousand or ten thousand miles from you, but it is made *while you pray*.

The thing that you have asked for, and which has been given to you, may not yet be in the world of forms; but if it is not, the movement is commenced which will bring it into form.

It will be formed; and it will come to you *without making any man poorer or decreasing any man's happiness*; the movements which will compensate every person concerned have been started also, while you were speaking your prayer.

You see how vast are the interests involved; to answer a very simple request God may have to move thousands of people in America, Japan, India, or even in the heart of Africa; for some part of the thing itself, or of the compensation of some person concerned in its production may come from thence.

But you may be absolutely sure that, even though millions of people are involved, the forces necessary to move them *have been set in operation while you pray*. You are "receiving"; the mighty movement of Spirit has begun, and nothing can stop it but a definite reversal of belief on your part.

A doubt starts a conflicting vibration to meet and check the motion toward you; a doubt is really a refusal to receive what you have asked for, and a few positive affirmations of your doubts will turn into other channels all the movements set in operation by your prayer.

Doubt is not only a denial of the power and willingness of God to give, but it is a refusal to receive.

When you doubt, you meet the movements God has started toward you, and turn them back or aside.

If I am about to give you something, and you do not believe that I will give it to you, you will not put yourself in position either to receive or to use it.

If a ball is thrown toward you, and you do not believe that it will come half way, you will not put out your hands to catch it, and you will miss the catch when it does come.

If you doubt whether God IS GIVING you what you have asked for, you not only will not hold out your hands for it, but you will probably not make the necessary arrangements for its use, and for the compensation of those who shall bring it to you.

If you are in doubt, you cannot be depended upon to do your part; so as soon as you *think doubts*, the movement toward you ceases, or is diverted toward someone else.

So, after you have plainly and definitely told God what you want, your next step must be the *affirmation that you receive it*. You DO

receive it; the movement toward you *has* commenced.

Now *offer your thanksgiving to God; turn your prayer into the channels of affirmation and praise*.

Then, do not go into your closet again the next day and ask God for the very same thing. You have already told Him what you want, and He IS giving it to you; do you think He will forget about it over night? You are not going to be compelled to ask for *that* thing any more. It is yours! Go into your closet next day in order to *re-affirm the truth that you receive it*. Thank God again that He has given it to you, and ask Him to guide you in making the best preparations for receiving and using it.

Remember, all your prayers after the request is once made are to consist of affirmation and thanksgiving; how can it be otherwise, if you have faith?

And never forget that all your prayers, affirmations and thanksgivings must be offered while you are *in spirit*; that they must come from the spirit, and must be addressed to *Spirit*.

Your daily and hourly attitude must correspond with the affirmations you make while in the closet of prayer. If your prayer was for health, you have affirmed that you receive health, and you must not complain of sickness, mention sickness or think of sickness except as something which is leaving you. Your mental and physical attitude must be that of the acceptance of health; and the health you receive will be in degree according to your faith.

"According to your faith," said Jesus to all his patients; and you can readily see in this matter of health how faith is acceptance and doubt is rejection.

Affirm health, accept health as a fact, make all your business and social calculations to rest on the possession of health. Thank God continuously that you *are receiving* health from Him, and do not be betrayed into any other attitude of mind than that of acceptance.

Suppose, now, that you have prayed for something in a business way; you have asked that the right man be sent to buy a piece of property you have to sell.

Mark, you do not merely want to sell regardless of the interests of the buyer; you wish to sell to the right person; to the one who will be most benefited by the transaction.

Do not have the assurance to ask God to

help you get the better of someone in a sharp bargain; do not accept a profit if it injures any man. You must desire the good of all, and the all-good.

When you have prayed that the right buyer shall come, and have affirmed that he is coming, you must fully accept it as a fact. Make your calculations on selling; be sure that you are going to sell.

Never be afraid to take a business risk on the answer to prayer; but if you *are* afraid, never take the risk.

You may make some failures in the beginning; and this will be because you have not learned how to ask, and how to receive. You will learn to pray by practice, just as a musician learns to play; and by living in the spirit you will soon come to know almost the hour when the thing you have asked for will reach you.

Then you will become invincible; you cannot fail, for "you shall ask what you will and it shall be done unto you."

These, then, are the essentials to prevailing prayer: (1) Ask only that which can injure no man; (2) ask in spirit; (3) be explicit in stating what you want, addressing Spirit; (4) believe that you receive what you ask for; (5) affirm and accept it as a fact; praise and thank God for it.

Try it, persist, and you will find a wonderful way of life and power opening before you.

For the next four weeks meditate upon the following Scriptures, holding the ideas in thought and thanking Divine Spirit for the new light and new ideas which you will receive.

WEEK OF MARCH 11: Our (not "my") heavenly Father is my abundant supply of Life, Health and Happiness.—Matt. 6-5, 6.

WEEK OF MARCH 18: Our heavenly Father is our abundant supply of all good things. I now receive from Him my heart's desire.—Matt. 6-9 to 15.

WEEK OF MARCH 25: I pray the Father for love to forgive and bless all mankind: I now receive His infinite love and give it out in infinite blessings to all.—Mark 5-44 and 11-25.

WEEK OF APRIL 1: Our father in Heaven gives us all good. I receive His good in all things and glorify Him forever.—Matt. 10-8; Luke 6-35; Matt. 6-1, 4.



All Things are Possible: An Experience for Children and Grownups

By J. R.

▽ ▽ ▽

OUR young daughter said to me one day, "Mother, you talk just like Elizabeth Towne." I felt greatly complimented, for I thought she meant our minds ran in the same channels, and perhaps she did, but later an impish thought whispered to me, "She may have meant you are just a copy of Elizabeth." I turned a cold shoulder to the thought. Whenever I am in doubt as to what to think, I always choose the happiest best thought and hold fast to it. Anyway, Elizabeth and her *Nautilus* have had a strong influence in our family.

The above-mentioned young daughter has had some wonderful demonstrations of God's power. She has a firm belief that righteousness must accompany faith—that the two combined are invincible. When much younger, only six years of age, she offered the following little bed-time prayer:

"Dear God, help sister to be a good girl. You need not help me, for I can help myself."

This little daughter and her sister, when they were ten and twelve years of age, decided they would like to go to Chicago and visit their brother. They saved money to spend while there, but they needed \$5.00 for railroad fare. So one morning they broached the subject to their father. He was pre-occupied, and consequently not interested. He was not all there, and did not sense how much it meant to them. When they asked him, he said, "No, we have just come home from our vacation. You had a good time at the lake."

"Oh, but we want to go to Chicago, and school opens soon, and then we cannot go."

Their father said, "No," very decidedly, and nothing more was said. But later Jeanette said, "We *are* going to Chicago. If my earthly father will not give me the money, I will ask my Heavenly Father."

(Continued on Page 36.)



Spinal Curvature Cured by the Use of New Thought

By Jean Ingles

▽ ▽ ▽

IT HAD been over a year since I had left the hospital where I had been taking treatments for tuberculosis of the hip bone. Apparently cured, I had been doing very well, till we suddenly discovered that my slight limp was gradually curving my spine. It had come so slowly that we did not notice what was happening till my back had quite a curvature. Then we could not decide what to do about it. The best and surest way we knew of curing it was by the orthopedic method. This would be slow; perhaps take a year, but we knew it was safe. Still, it had not been long since I had finished a year at the same hospital, and dreaded to take up the old life again.

While we were yet undecided, a message came to Mother, telling of the death of Grandmother. Clothes were immediately packed and Mother went for a few days' stay with her father.

Her father is quite a noted magnetic healer, and during the sickness of his wife had not given up his practice, so he was very busy during my mother's stay.

One evening they were talking, and Grandfather asked how I was getting along. Mother told him of the curvature and of how we were planning on my return to the hospital. Grandfather was strongly opposed to this, and suggested that they give me an absent treatment and see if they could straighten my spine. His housekeeper, who is a strong New Thinker, was asked to help them, and the three of them concentrated their minds to the one purpose: that my spine was to be straightened. Suddenly, before my mother's eyes, a human spine appeared. It was curved just as mine was. She said that it seemed invisible fingers were moving up and down this spine. Slowly they worked, back and forth, up and down, and slowly, very, very slowly, the spine straightened. Perhaps they worked for half an hour

and at the end of that time the spine lay before her eyes entirely straight.

Then she told Grandfather and his housekeeper of what she had seen. Not a word of it was written home, however. They looked at the clock and it was just 10.30 p. m.

A few days later she returned home, and still she did not mention my curvature. After a while someone mentioned it and Mother said she was going to examine my back to see if it had become worse during her absence. To the surprise of myself and the whole family except Mother, it was as straight as it had ever been.

She then asked me what I was doing on Tuesday night at 10.30. I replied that I was in bed and asleep. Then she told me what her father, his housekeeper and herself had done. To many it seems a miracle. To us it seems very simple. Of course, it was easier when I was asleep, as my bodily mind could not then interfere with the treatment. A person's mind is never so receptive as during sleep.

This incident occurred about six years ago, and I have never had a return of the trouble. This is only one of the dozens of wonderful demonstrations we have had.

We have found that nearly all childish ailments and troubles can be cured in a similar manner. The best time, always, for such treatments is during the sleeping hours. Perhaps the best way is by auto-suggestion. Wait till the child is resting quietly and then do the suggesting. Talk aloud to the child in a low, well modulated voice. Talk to him as you might if he were awake. Tell him that he is well, strong and whole. Do not let any suggestion of illness or worry creep into the suggestions.

Bad habits or traits of character may be cured in the same way. But in doing this, care must be taken not to contradict yourself during the child's waking hours. Do not tell him, while asleep, that he is neat and tidy; that you never have to pick up things after him, and that he is careful about his personal appearance, and then remind him the next day that he is so untidy and careless that you are ashamed of him. Be consistent in your suggestions.

“THE responsibility is entirely upon the professing Christians of the United States. If another war like the last should come, they will be responsible for every drop of blood that will be shed.”—*Gen. Tasker H. Bliss, former Chief of Staff, U. S. A.*



International Sunday School Lessons

Interpreted for Ministers, Teachers, Students and Others who Study the International Bible Lessons

Class Work by ANNIE RIX MILITZ

▽ ▽ ▽

March 11. *Jesus in Gethsemane.*—Luke XXII:39-48, 54, or *The Flesh yielding to the Spirit.*

Bible Reading: Luke 22, Psalm 22:1-8, Matt. 4:1-11, Matt. 26:36-46, I Cor. 10:13, Heb. 4:15, 16, James 1:2-6.

GOLDEN TEXT: *Christ also suffered for sins once, the righteous for the unrighteous that he might bring us to God.*—I Pet. 3:18.

NEW THOUGHT GOLDEN TEXT: *Teach me to do thy will; I delight to do thy will: yea, thy law is within my heart.*—Ps. 143:10 and 40:8.

Gethsemane signifies "oil press." Jesus is the Man on his way demonstrating that he is God. And now comes the great contest between the human and the Divine. As the oil lies in the olive-berry interwoven with the pulp, so our Divinity seems to be bound up with our flesh-nature and the carnal must yield to the spiritual that the great attainment may be made. The two natures wrestle, the struggle being within between the will of the flesh and the Will of God.

THE cup is *experience* which, in the case of Jesus, is exceedingly bitter, and his human sense feels to be unnecessary—such an appearance of failure and humiliation. But the still small voice remains steadily, the same, "Drink it, so shall it pass from the whole human race." Every other Master had died when put to this test. But Jesus did not die until he pleased. "No man taketh my life from me but I lay it down of myself." (John 10:18.) Thus the last testing was passed triumphantly—all that took place in the crucifixion and resurrection, afterward, was but the outpicturing of what took place subjectively in Gethsemane.

Temptation is but examination. "Watch!" that you "enter not into it," that is, make a reality of it. The human must watch so as to be alert to deny it place or power. And "Pray!" Fill the moments of liability with thoughts from your Divinity, the consciousness that affirms but one presence and but one power—the Almighty Good!

Jesus finished all suffering in himself, and

whoever will identify himself with Jesus (as we must do with all our fellow beings) will realize that in him (Jesus) he worked out all *karma* and all necessity for punishment. For, in the Divine economy punishment was permitted only as a corrective means, not because of revenge, retaliation or even the cold earth-justice of cause-and-affect. And whoever will seek identity with Jesus Christ has already entered into correct living, and punishment is then useless and further, only an interference.

Whatever you work out completely through oneness with God is worked out for the whole race, and those that love you and identify themselves with you need not work out that same problem—in God, it is finished.

Silent Affirmation.

**I will the will of Almighty Good,
And only Good can come to me
In All and Through All.**

March 18. *Jesus Crucified.*—Luke XXIII:33—46 or *Victorious Self Denial.*

Bible Reading: Luke 23, Isaiah 53:3-11, Psalm 22:1-21, Mark 15:22-41, John 19:16-30, I Cor. 1:23, 24, Gal. 6:14.

GOLDEN TEXT: *He was wounded for our transgressions, he was bruised for our iniquities; the chastisement of our peace was upon him; and with his stripes we are healed.*—Isaiah 53:5.

NEW THOUGHT GOLDEN TEXT: *If any man will come after me, let him deny himself, and take up his cross and follow me.*—Matt. 16:24.

Jesus had done things which, according to the Jewish law, merited the extreme punishment of death, principally *blaspheming*. But he exacted a promise from those who had come to seize him, to let all his disciples—not only the twelve but all the thousands—go free. They could not touch him until they promised this (John 18:6 to 8). Thus Jesus began turning the wrath and revenge of the opposition to his Supreme Doctrine, *Man's oneness with God*, away from hurting his friends to himself alone.

"The skull" (Golgotha or Calvary means

skull), the death-sign is crowned with three crosses, emblems of the crossing out, cancellation and annulment, of the world's belief in good and evil (the two thieves) and even in its Highest Good, human (Jesus).

Jesus was pure, holy, spotless—the Lamb without blemish, yet he “had to be brought to nought” as a human being so that the Real Self, his Divinity, might be the all in all of his humanity.

Absolute forgiveness, the master pronounces as his final attitude towards his enemies, giving the reason why forgiveness should be constant and complete, namely, ignorance, “they know not what they do.”

They “parted his garments,” prophetic of the divided sects that should be formed in Christ's name. “Offering him vinegar,” an anaesthetic, which he refused because he would not lose consciousness for a moment. He had the Spirit, the real anaesthetic carrying him above pain and agony of mind.

The thief on his right was a false belief that was thoroughly penitent, like Judas Iscariot, and since he would henceforth be a devoted follower of Christ, punishment was finished for him, for suffering is permitted as a corrective, never for revenge. “With me in Paradise”—the Greek word here translated “paradise” does not mean heaven or Eden or an abode of happiness, but it signifies a place of refuge, an ark like Noah's, a state of mind at peace and rest. Doubtless Judas Iscariot, as thoroughly repentant, has been abiding in the same protection until the world shall love him and forgive him.

“He gave up the ghost,” or his psychical nature, just as he had given his physical nature over to God to be used to establish Truth on the earth. God used Jesus' psychical body to take the message into the invisible (“descended into hell”) for the rescue of those sitting in the darkness of condemnation and torment.

Silent Affirmation.

**I give myself to the Good of the Whole
And through me all the Blessings
Of Heaven come to the Earth.**

March 25. *Jesus the World's Savior.—First Quarter Review or Our Heavenly Initiation.*

Bible Reading: The chapters in Luke from 13 to 23, as below.

GOLDEN TEXT: *Faithful is the saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners.—I Tim. 1:15.*

NEW THOUGHT GOLDEN TEXT: *Ye shall know the Truth and the truth shall make you free.—John 8:32.*

I. Jan. 7. Luke 13:10-17. **THE FREEDOM OF THE SABBATH.** The heavenly day was instituted to remove the curse of work. “It is lawful to do good” then; it was made for man, a holiday in which to live as though we were in heaven now, which we are.

II. Jan. 14. Luke 14:7-14. **THE EXALTATION OF HUMILITY.** Only those know how to rule who can serve graciously; none can be glorified who cannot glorify others.

III. Jan. 21. Luke 15:11-24. **THE PRODIGAL SON.** Love restores man to himself, so that sin and suffering are forgotten, and he is one with happiness instantly.

IV. Jan. 28. Luke 16:19-31. **THE RICH MAN AND LAZARUS.** The Law is just. The old righteousness does not give lasting riches; so when Dives lost his sense of being wealthy, torment came; and when Lazarus lost his sense of poverty, the riches of peace, comfort and approval came.

V. Feb. 4. Luke 17:11-19. **THE POWER OF GRATITUDE.** The ten lepers that Jesus healed were all *physically* set free. But only one became free, body, mind, soul and affairs, the grateful one who came back to praise his benefactor. “Thy faith hath made the *whole*” more than bodily healing.

VI. Feb. 11. Luke 18:1-14. **THE SPIRIT OF PRAYER.** The great instrument of deliverance. The ladder, the bridge, the wall, the fortress, the mighty instrument of accomplishment. Faith, importunity, persistency, “men ought always to pray and not to faint.”

VII. Feb. 18. Luke 19:1-10. **JESUS AND ZACCHEUS.** This publican, despised and counted no good, in his eagerness to see and be one with the Truth (Jesus Christ), is transformed and also his whole household. “This day hath salvation come to this house.”

VIII. Feb. 25. Luke 19:11-48. **PARABLE OF THE POUNDS.** Every heavenly gift bestowed on us by God must bring back its earthly counterpart or double. It is the law.

IX. March 4. Luke 20:19-21:3. **JESUS TEACHING IN THE TEMPLE.** The wisdom of the Christ in our midst wisely counsels the placement of the things earthly, so that none interfere with the heavenly Way. “Caesar's to Caesar and God's to God.”

X. March 11. Luke 22:39-54. **JESUS IN GETHSEMANE.** The final clash comes between the human will and the Divine Will and in the Christ-Candidate, the human gives way absolutely.

XI. March 18. Luke 23:33-46. **JESUS CRUCIFIED.** The true Initiate who attains heavenly bliss and immortality here and now “puts off the old man” and rises upon his Cross to his perfection here in the flesh, “a new creature in Christ Jesus.”

Silent Affirmation.

By the Love and Mastery of my great Initiator,

**I rise to the Heights of my Perfect Being
Here and Now in this Body and on this Earth.**

April 1. *The Walk to Emmaus* (Easter Lesson).—Luke XXIV:13-30, or *Man's Resurrection Path.*

Bible Reading: Luke 24, Isaiah 53:7-12, Deut. 18:15-19, Ps. 16:10; 22; 110, Isaiah 61:1-3, Matt. 28:1-10, Acts 2:22-36, I Cor. 15:3-20, Col. 3:1-4.

GOLDEN TEXT: *Why seek ye the living among the dead? He is not here, but is risen.—Luke 24:5, 6.*

NEW THOUGHT GOLDEN TEXT: *I shall not die but live and declare the works of the Lord.*—Ps. 118:17.

It is the Day of the Resurrection. The women (the intuitive nature) see the risen One long before the men (the reason) and here are two honest questioners on their way to Emmaus, whose sincere and eager discussion draws the Master to their spiritual rescue.

The One on the Resurrection Path can appear or disappear at will. His body of flesh is so plastic to thought that he appears according to his own thinking at the time, or the thought of another about him.

Impersonally, the Christ opens the understanding of man as to the Scriptures, so that he finds the whole Bible is a record of man and his attainment of Christhood.

Apparently their companion is a stranger, but their "hearts burn," with his words and though he seems to desire to go forward, they persuade him to accept their hospitality. Never was the hospitable spirit more richly rewarded. Abraham entertained angels unawares but Cleophas received the victorious Christ. "Abide with us."

Then comes a familiar blessing of the bread and the breaking of it, and instantly they are one with him and the dear familiar Jesus of Nazareth is recognized. And while they gaze with delight he recedes into the invisible, but they have joined the immortal witnesses to the great Truth that man has conquered death and is alive forevermore.

Silent Affirmation.

**Christ in Me, my Light and my Life!
In Him I am alive forevermore.**

April 8. *Abraham, the Hero of Faith*, Genesis 12:1-5, Hebrew 11:8-10, 17-19, or *The Great Adventure*.

Bible Reading: Gen. 12:1 to 25:8, Hebrews 11:8-19, Ps. 145:1-10, II Chron. 20:7, Neh. 9:7, 8, Ps. 105:6, Is. 41:8, Matt. 3:9, Acts 7:2-4, Rom. 4:1-25, Gal. 3:6-9, Jas. 2:21-24.

GOLDEN TEXT: *Abraham believed God, and it was reckoned unto him for righteousness.*—Rom. 4:3.

NEW THOUGHT GOLDEN TEXT: *Wilt thou not from this time cry unto me, my father, thou art the guide of my youth?*—Jer. 3:4.

The patriarchs of Genesis represent great, leading ideas in our individual mind, and Abraham stands especially for *Faith*. His father, Terah, was a manufacturer of idols and Abram (the Holy Breath letter "h" was added later) sold the idols in his father's shop. But Abram was an earnest seeker after the true God, and so pure and devoted was he that he became open to the Inner Voice which became his Teacher. So enlightened did he become, that one day he swept all the idols off from the shelves of his father's shop, and threw the broken parts into the refuse heap, and soon after the Voice called him to rise, leave all and go to an unknown land.

Abraham obeyed at once, and thus typifies

the FAITH that launches one into any spiritual venture, be it great or small. It was not blind faith, for it was sustained, and many were its phases. Abraham continually proved the Inner Voice—ever its prophecies were fulfilled, even its guidance was wise, and many times its vision was eyes to him, and its decisions were the strength of his mind and character. It is such a Divine Idea that becomes "the father of a multitude" of spiritual thought, original and powerful.

Only such Faith can make our ventures successful, whether it is entrance into new healing or a new way of being prospered, or a New Life over the path of which no one else in your time has passed.

Everyone is a Pioneer in his own mental realm who turns to the new thinking for health, wealth and happiness. Even when Abraham misunderstood the Inner Voice, and thought that the sacrificing of Isaac to the Lord meant that he should be killed on the altar as the pagans slew their children for their God, Moloch, such was Abraham's purity and truthfulness that the knife was held back by an angel, and Isaac was not killed, yet he was perfectly sacrificed.

The Great Adventure is going All-the-Way with Christ. Greater than Abraham must be the leader who guides us to that Supreme Success.

Silent Affirmation.

**God has given me the Faith of Jesus
Christ,
Therefore all things are possible to me
And I arrive in my own Country,
Heaven here and now.**

Trifles

By Gertrude B. Gunderson

▽ ▽ ▽

A LITTLE bit of sunshine
On a cold and rainy day,
Gleamed thru the dark and threatening clouds
As they scudded fast away;
But it made the whole day brighter
Just by that one, glad ray.

A little bit of music
Borne thru the mist and rain
To the ears of a weary traveler;
As he heard the sweet refrain,
It made him forget his troubled life
And think glad thoughts again.

A little bit of kindness,
A word to ease the pain
Of one this world had hardened—
Whose hopes had all been slain;
But it made him trust his fellowman,
And believe in God again.



Thought Projectiles for Success: With a Success Yell

By Alberta M. Carter

▽ ▽ ▽

SKY ROCKETS with their graceful curving into space and the final discharge of their beautiful colored balls of light is always an inspiring sight. One evening as we watched them, the suggestion came that that was just what all ambitious, progressive, alive and aware people were doing with their thoughts—they were sending out Thought Projectiles—and that these same thoughts projected into the future would in due time unfold into beautiful results to the glory of God and the satisfaction of His child, the sender or projector.

Consciously, thereafter, I began to send out Thought Projectiles, keeping the date of sending, that I might have the gratification of knowing just how long or short a period of time was required for the fulfillment.

The first was a large one, the great desire of my heart. I then remembered to have sent out when I was five years old, a Thought Projectile whose import was a trip to Europe. It was twenty-five years before the sky rocket burst into beautiful colors, but the great point was **THAT IT DID BURST**. So also will all Thought Projectiles if you hold them in your strong right hand and direct them upward and onward.

To offset the occasional feeling of discouragement in long waiting for large returns, I began to improvise short circuit Thought Projectiles, those which I desired to unfold immediately. It was delightful and most gratifying to see them burst into beautiful results in a remarkably short time. One day I put the matter before one of my classes of New Thought students. Those who grasped the idea, had almost instantaneous results.

It is understood by the sender, that he believes that he is one with the **ONE Mind** and that whatever good and perfect thing he desires shall be given him.

A Thought Projectile may be a desire for inspiration, love, wisdom, health, supply or whatever. Try it and prove its worth. What matter if it be years before you enjoy the fruits of your **GREAT Thought Projectile**? It is a good thing to have something to grow up to, and into, and in through, something that makes us expand and develop as time goes on. Then Life becomes so very delightful, so thrillingly expectant and we feel with Browning, "The wild joy of living."

In order to further promote the attainment of success, I want to present to you an exercise which brings splendid results. Last summer when the pavement of an avenue near us was completed, the business men celebrated by giving a street carnival—a very popular amusement in Los Angeles. It was a jolly affair, including dances, vaudeville and prizes.

At the close of the carnival, a number of high school boys who had accommodated themselves to the seating capacity of a flat-roofed business block, proceeded to relieve themselves of their surplus energy by giving voice to a class yell. The vigor and pep displayed by the yell-master was delightful to behold. It impressed me so keenly that I found myself for many days after taking the position of that young lad and imitating his motions. Here it is: Fists clenched, elbows drawn back, head and chest forward, right foot forward. The idea had gotten under the skin and just had to express in some dynamic manner. The third day thereafter the verbal expression came. It was a yell for Success in the following phrasing:

"I AM SUCCESS!—(push out fists with each word)."

"I AM SUCCESS!—(push out fists with each word)."

"I AM SUCCESS!—(push out fists with each word)."

"I AM SUCCESS!—(push out fists with each word)."

S-U-C-C-E-S-S!—(push out fists with each letter).

"SUCCESS!—(leap up and grab Success from the ethers)."

"SUCCESS!!!"

No matter along what line you desire Success, whether Health, Wealth or whatever you desire—I assure you that every cell in your body will be open to receive when you get through with this vigorous exercise. Begin to prove it **NOW**.

DEEP, DEEP DOWN IN OUR HEARTS

(Continued from Page 21.)

and his talk sounded truthful. But, deep inside, there was a feeling that no man makes a "point of condemning others unless there is within himself the very thing he condemns.

I put him off twenty-four hours and sent telegrams to his home city. All the answers stated that the invention was good, that it was a profitable thing to go into, but that the man himself could not be trusted. Not only had he borrowed here and there on false pretences, but, in eight years, he had sold *fifteen different half-interests* in his machine.

He had talked so much about the dishonesty of others because *he was at heart a good man and wanted to be honest!* Do not doubt this statement. *If he, in his heart, had not wished to be honest his conscience would not have kept that thought uppermost in his mind, so that it was impossible for him to talk to me without talking about dishonesty!*

When he came to me twenty-four hours later I told him that I would help him if he would prove to me that *he* was an honest man.

"But what more can I do?" he said. "You have heard me; you can judge for yourself; you have seen the letters I brought."

"There is but one thing to do," I replied. "Tell me why you sold fifteen half-interests in this machine."

He broke down and told me—how he had suffered for years over what he had done; how he had stilled his conscience by telling himself that when he sold the first half-interest he sold a half-interest in the machine as it was at that time; how, when he sold the next half-interest he convinced himself that he was selling a half-interest of the improved machine, and so forth.

"What are you going to do about it?"

"I don't know. I hoped to be able to finance it and then to offer each man twice as much as he put in, thus buying back his interest."

"That is not the way," I replied. "*There is only one cure for dishonesty, and that is honesty.* Go to each one of these men, tell them just what you have told me; show them that the present machine is of greater value than the one in which they bought a half-interest; be honest by confessing your dishonesty; ask each to accept a share proportionate to the number of thousands of dollars he put in."

It was difficult; but, deep down in his heart, his desire to be honest was truly so great that he did it! Every man accepted his explanation in the spirit in which it was given, co-operated with him, helped to form a company and put in additional money so that it was satisfactorily financed.

If he had not lived up to his own ideal of what was honest, the result would have been very different when all the facts came out. Probably someone would have sent him to the penitentiary. Instead, he is today a respected man, an honest man and an honorable man. There is but one way to overcome condemna-

tion of others: Get it out of your own consciousness!

None of you have—such as this man had—a secret hidden in your heart; but you and I—everyone of us—do condemn others for this thing or that. Each of us wishes to stop such condemnation, for in proportion as we criticize and accuse others, we tell others of the condition within ourselves.

What is the best way to stop condemnation? There is nothing better than Christ's statement and advice. The statement is this: If you perceive a tiny *splinter* in the eye of another there is a *great beam* in your own eye. The advice is this: "Cast out the beam out of thine own eye and then thou shalt see clearly to cast out the mote of thy brother's eye."

Realize that every time you talk about a little fault in the life or doings of others, there is a much greater fault—a great beam—in your own life and your living.

And don't turn this into self-condemnation, for it is a false accusation against God, implying that He did not make you in His own image and likeness!

Go deep down into your heart and discover the good that is back of condemnation.

It is your conscious mind that condemns. Your soul desires you to live ideally and urges you to live above the things you condemn in others. Not having attained that high state of ideal living, your mind tries to quiet the conscience voice of your soul by trying to make itself believe that it can cover up its lack in manifestation, by declaring loudly or whisperingly its condemnation of such things in others.

What are you, then, to do?

First, if you find yourself condemning others, immediately recognize that it is your soul revealing yourself to yourself.

Second, recognize that you should not condemn yourself for this revelation, but be joyful and praise your soul that it is revealing this to you so that you can overcome it and truly live up to the divine ideal that is demanding expression.

Third, bend your every effort and energy to the living of that soul ideal.

Fourth, continue this work indefinitely for it is a limitless work, limitless in time and limitless in effort, and consequently it will give you enough to do to make you forget all about condemning others.

Fifth, you will realize that to live your soul's ideals ideally is an infinite work lasting for all eternity because your soul is as infinite as God, made in the ideal image of God and as everlasting as God.

Search deep for that which thy soul in truth desireth!

Love thou it; and thy soul shall know no condemnation,—and no fear!

For with passing of condemnation, fear passeth also; and peace dwelleth within thee!

MONEY will master mankind
Until mankind masters money.

—ELEANOR FLORENCE BALDWIN.

HE CAN WHO THINKS HE CAN
(Continued from Page 19.)

There is no room for chance in God's world of system and supreme order. Everything must have not only a cause, but a sufficient cause—a cause as large as the result. A stream cannot rise higher than its source. A great success must have a great source in self-confidence and in persistent endeavor to attain it. No matter how great the ability, how large the genius, or how splendid the education, the achievement will never rise higher than the confidence. This is an inexorable, indisputable law.

It does not matter what other people think of you, of your plans, or of your aims. No matter if they call you a visionary, a crank, or a dreamer; you *must* believe in yourself. Never allow anybody or any misfortune to shake your belief in yourself. You may lose your property, your health, your reputation, other people's confidence, even; but there is always hope for you so long as you keep a firm faith in yourself. If you never lose that, but keep pushing on, the world will, sooner or later, make way for you.

You will constantly be confronted with things which tend to destroy faith in God and faith in yourself. There are, many times in life when about all we can do is to hold on to the hand of the Divine Guide until we have run through the danger zone. We have to learn to turn away from the heartbreaks of life and to face toward the light. We have to disregard the criticisms and the discouragement of others, as well as the assaults of fear and doubt, and press on to our goal.

If you go in business for yourself, if you are struggling to get an education, if you are making desperate efforts to realize your ambition, whatever it is, you will find plenty of pessimists who will predict your failure. They will tell you that you never can build up a business without a lot of capital and outside help in these times of terrific competition, that you cannot work your way through college, that you can never be whatever you are dreaming of and longing to be. You will meet plenty of obstacles and much opposition, and it will take a very stiff backbone, a lot of sand and grit to keep pushing on towards your goal against great odds, but faith is more than a match for all these. Faith looks beyond obstacles, sees the way over difficulties, braves opposition and allows nothing to swerve us from our course.

Cling to your faith, no matter what happens. It is your best friend. Like the magnetic needle on the ship's deck, which will find the north star, no matter how dense the fog, how dark the night, or how threatening the tempest, your faith, even though you cannot see, will find the way.

The conviction that you are born to win is a tremendous creative force in your life. Look like a success, feel like a success, walk like one, talk like one, think like one, act like one! Let your air be that of a man who is resolved to

make his way in the world—to make himself stand for something. Put force, vitality, "pep" into every movement of your body. Look straightforward; never wince. Don't apologize for taking up room on the earth which might be filled to better advantage by another; you have just as much right here as any other human being, if you are making good, and if you are not making good, you should be.

Have faith in your God-given power to succeed in a worthy ambition. Concentrate your efforts on its realization, and nothing on earth can keep you back from success. Such a mental attitude will make you a winner from the start, because you always head toward your thought, toward your conviction of yourself. You must get that doubt, that fear, whatever it is, out of your consciousness before you can ever reach beyond it. You cannot produce upon others the opposite impression to that which you hold in your mind, and the impression you make has a great deal to do with your success or failure. If your very face, your bearing, your conversation, indicate victory, if you carry yourself like a winner, people will believe in you. They will say, "There's a coming young man," and it is a tremendous help to have everybody who sees you believe that you are a winner, that you are going to make your mark. Their thought of you added to your own makes an irresistible force that urges you toward your goal.

(Continued from Page 29.)

Later in the day they were playing with other children at Dr. Marklands', when Jeanette saw something shining in the grass, picked it up and saw it was a five-dollar gold piece. She rushed home to tell mother about it, more excited over the demonstration than over the prospective trip, for her first words were, "I knew God would give it to me." I told her she must try to find the owner; so she ran back and asked Dr. Marklands about it.

He looked it over and said, "It is so tarnished that it must have lain there for a long time. I think it is yours, Jeanette, for no one of our family has ever lost a five-dollar gold piece."

The girls went to Chicago that week, their faith in God greatly strengthened.

SOME of our reformer friends should remember what happened in Pennsylvania, where someone got the notion that hawks were just so many flying evils. The state spent \$56,000 and thousands of hawks were killed. Then to the consternation of farmers and gardeners, the field mice multiplied so fast and destroyed so much corn and other produce that the people began asking, "How can we get our hawks back again?" In this merry mixed up old world it is pretty hard to tell what is evil and what is good.

—THOMAS DRIER.



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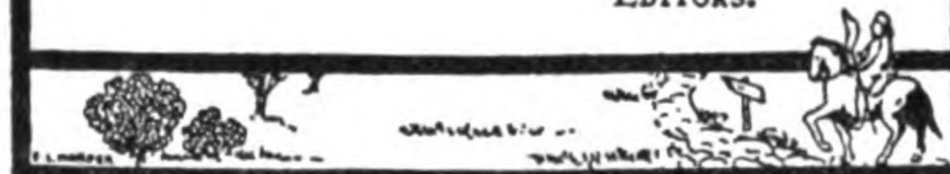
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EDITORS.



Success Letter No. 863.

I am glad to relate some of the good things New Thought has done for me.

As I look back now at my childhood it seems as if I was repressed in almost every thought and action of my young life. Always hearing expressions of the darkest outlook on life, I grew more and more sensitive, and though given by nature a sunny disposition I at times was very melancholy; in fact came to look to another world for happiness. So I struggled on until womanhood dawned. Then there came into my hands some New Thought literature. I read some of Helen Wilman's books, and any others I could get. I was deeply interested, but not until a few years

later, when *Nautilus* came to me, did the light of truth and hope shine so radiant and strong that it, to a great extent, has dispelled the shadows of early years. I have been a subscriber to *Nautilus* ever since. Have learned we can outgrow mistakes and limitations, and have been working steadily on. For years there was a succession of progressing and falling back; but I never gave up.

In the meantime I married, with experiences of both joy and sorrow, sustained through it all by my beloved New Thought. A dear little boy was given to me. When he was four years old, my husband passed on.

I wish I could tell of all the beautiful demonstrations I have made, but I can only mention a few, for they would fill a book. I am changed from a delicate, sickly, sad woman to almost perfect health. I am happy, and all the world looks beautiful, the future rosy with promise.

How I have overcome one imperfection after another is really marvelous. I healed my little son of a bad case of stammering. I would kneel by his bedside (by so doing I seemed to be able to concentrate better) and speak the word of perfect expression for him. I would then thank God that he was perfect in speech, and he soon became so.

Another time he had a relapse from measles, was raging and tossing with fever. In the old way of speaking I knew it was serious. Having more faith in God than medical aid, I did not tell my husband, who was sleeping in another room, and who would have sent for a physician, but, kneeling by his bedside, I visualized him whole and perfect as God's

child. I spoke the word of health, and quiet and wholeness for perhaps an hour, and had the supreme joy of seeing him become quiet, breaking out in a sweat. The crisis was passed, and he rapidly recovered.

He is now sixteen, and I have used the same method in the rather trying time and changes that come in a boy's life through the years of adolescence. It has *always* worked. I use it in all my daily experiences, and it works more quickly now.

My greatest desire is to help those who do not know, but it is hard to do until they are ready. I think the best we can do before they are ready, is correct our own mistakes and look with loving patience upon theirs.

Love and thankfulness to Elizabeth Towne, to *Nautilus* and its many workers.—M. J. N., Edmonton, Alta., Canada.

Success Letter No. 864.

Eighteen years ago, after my father's death, financial reverses had come to my mother (who had nothing from life but ease and pleasure). A husband of mature years and who was marrying for his physical comforts only, was chosen for me. The results were disastrous and I experienced by first happiness, in six years, by gaining freedom, the custody of a three-year-old child, little health and small alimony.

Returning to my childhood home two years was spent in an environment of selfishness, regrets and discord.

I had passed through one operation and been given up by two oculists to become blind. Then the order, (a blessing in disguise) "that unless I wished to forfeit my alimony I must live under the jurisdiction of the court." This necessitated my living in another state.

My alimony was slightly increased as an oculist thought he could cure me if I remain under his treatment for one year. At the expiration of that time I was given up to become blind.

Sitting blindfolded or walking the floor until dropping from exhaustion, a friend found me. An advocate of the New Thought, she begged me to try it as all else had failed. I made arrangements for my first treatment. The heavy glasses held in place by a head brace that had left a raw sore, was at once removed.

After the third treatment I had my first sleep in two years, free from pain. In six weeks I was using my eyes for any purpose. I entered business college without discomfort.

Truly, Christ's words were true. "He that believeth on me, the works I do shall he do also; and GREATER works shall he do; because I go unto my Father."

My hair, which had turned white at the temples, returned to its natural color. My step was buoyant—a joy to live.—D. F. C., College Ranch, Medicine Bow, Wyo.

Success Letter No. 865.

"Believe in your heart and do not doubt," never fails. This has been thoroughly demonstrated to me, beyond cavil. And I am hoping for that faith to be more permanently established, in my every-day habits, of thought that all things are for me, and will come as the very necessary little things did. Though it didn't seem much to the usual person, but it was needed just as badly as any other range of things for the purpose.

I am a resident barber, and also a bachelor. I have my shop in one room and occupy one for my living quarters. While I have been so situated I have tried to keep a cat, to rid the place of mice which annoyed me very much. One cat came, stayed awhile, and then another, and so on.

I told a patron of my shop, about the mice, and the need of a cat. He told me there was a stray kitten at his house; he would go and bring it to me, which he did. The kitten proved a successful eradicator of mice, and again I could repose peacefully. Two weeks passed, and, behold, the kitten disappeared. I felt lonely. I missed its playful pranks, and I knew the mice would soon return.

This time, however, I never said I hated to lose it. I just stated that the kitten was not lost; I would get it back again. I kept saying over and over: It is not lost.

The third day I went to "the grocery store" for something, and the first word that greeted me was: "Your kitten's here." It is only a kitten, but the old soothing calm, assured me that I had kept the faith. And mine own was restored to me. I remembered Jesus' message: "When ye stand praying, whatsoever things ye desire believe that ye receive them and ye shall have them." And when you receive and accept them, thank God for them.—ALVARADO BRADNEY, Coal Bluff, Ind.

THE PRIZE WINNER for February is Mrs. J. B., who wrote Success Letter No. 861. We shall be glad to send the prize of two subscriptions wherever the winner directs.—C. H. S.



A DEPARTMENT OF
CONSULTATION AND SUGGESTION
CONDUCTED BY ELIZABETH TOWNE
AND WILLIAM E. TOWNE

*"O wad some power the giftie gie us,
To see ourselves as ithers see us;
It wad frae mony a blunder free us
And foolish notion."*

We answer in this department the 1001 personal problems that are put to us—as far as space and time hold out. And we make one answer do for more than one questioner when possible. Letters that demand reply by letter should be accompanied by at least \$5.00 in payment. We would answer every letter gratis if it were humanly possible. We MUST curtail, hence the charge for querists who feel they cannot await their answers in these columns. To insure careful attention in our office write "Family Counsel" at head of sheet, and write your subscription order or other business on a separate sheet.—ELIZABETH TOWNE.

M. D. R.—The only "correct" affirmation for you is that which you make for yourself that most clearly and simply expresses the desire you want to become reality. You will probably find that you succeed best when you make your affirmation general. If you make it too specific, the conscious mind rejects it and even sets up a counter suggestion so powerful that you get the opposite of what you first affirm. Say, "Day by day I am growing more and more attractive" rather than "I am beautiful."

MISS A. M. V.—There was certainly a good cause, or several of them, for your drifting apart from that young man. Somewhere there was a conflict of tastes and tendencies and a lack of sufficient adaptation to overcome it. Take a few minutes just before you go to sleep at night and the first thing on awakening in the morning to idealize your leading desire. Give it vitality through faith. Picture it as *in process* of being realized. Do not try to affirm just *how*, or by what *particular* means, it is to come into reality. Picture yourself as a radiating center of attraction—not as one who receives just what comes along, but as ONE WHO GIVES, who sends out good will every hour of the day. Have faith in YOURSELF, in your own latent energies that have never been expressed to even a fraction of their capacity. Do not be in a hurry for results. If you have the old files of *Nautilus*, read Landone's "Idealizing the Process" series.

M. T.—Maybe you are heading for a change, and it might be one of the best things that could happen to you. But search yourself, lay for your real desires, before you make any decision leading to a change. Read the article by Brown Landone in November (1922) *Nautilus* and it will give you an idea of how to conduct your self-examination. Read the rest

of the series, too. It will help you to happiness, whether you make a change or not. I certainly think you *have* succeeded largely in the past. Your record is one that almost anyone could be proud of. There is nothing finer than to help another to success, and see that he gets started right. And you did the strong thing, the humane thing, in regard to your stepfather. By the way, why not demonstrate a mate? Is it possible that that is the change towards which your unconscious mind is prompting you?

X. R.—You did not *become* anything that was not already potential within yourself. You simply *chose* to take advantage of a situation in a certain way instead of giving your activities a different direction. The next time you practice visualizing for money, picture yourself as receiving it for legitimate service. Picture yourself as expanding your present opportunities to earn money, so that more can come to you through your own creative efforts. Trust the Wisdom within YOU to show you the means by which you can do this without taking from someone else that which belongs to them. You do not want to develop the spirit of a pauper and use psychic compulsion to induce others to *give* you money, nor do you want to make a demonstration of finding money that someone has lost. That kind of psychic juggling may prove the law, but it is far from being the highest use of the law, in my view. As an example of the right method, I was reading a series of letters, or lesson reports, yesterday from a married woman, with a family, who had been experimenting with the visualizing method in order to demonstrate more money. Her only means of earning money was by teaching music. When she first wrote, she was very much discouraged over the financial outlook. She had only a few pupils, at 25c per lesson. We advised her to advance her price to \$1.00 a lesson, which seemed a reasonable price in view of her ability and experience, and to concentrate on getting more pupils. Two months later she wrote that she had all the pupils she could take care of at \$1.00 per lesson.

MRS. J. L. W.—Yes, it is much better to use your own affirmations. The cause of worry is the attempt to repress some strong instinct. Think back over your life and you will probably find some mental conflict that profoundly affected you. That conflict sank into your subconscious, but it did not cease to live and act, even though it may have passed entirely out of your conscious mind. Find the emotional cause of your worry and give the repressed feelings a new direction. Thus you will solve the problem that vexed you and ACCEPT the solution with your conscious mind. The worry will then disappear. Read "How to Turn Your Desires and Ideals Into Realities," by Brown Landone, and it will make this matter clear to you.

Department Of
**Whole World
 Realization**

Conducted by THE EDITORS

Would you be at peace? Speak peace to the world.
 Would you be healed? Speak health to the world.
 Would you be loved? Speak love to the world.
 Would you be successful? Speak success to the world.
 For all the world is so closely akin that not one individual may realize his desire except all the world share it with him.

And every Good Word you send into the world is a silent, mighty power, working for Peace, Health, Love, Joy, Success to all the world—
 Including yourself.

Will you join all the readers and the editors of *Nautilus* in daily thought of Whole World Realization? No membership fees or special duties, no joining of anything but a spiritual movement. The entire visible sign and direction of this Circle of Healing appears in this column, in each number of *Nautilus*. You join the Circle in thought only. You are free to secede when and how you choose.

No duties are attached and only one privilege, that of holding your own version of the thought expressed herewith, sending it out to all the world each night before you sleep, and as many times during the day as you think of it.

Each number of *Nautilus* carries in this column the thought to be dwelt upon until the next number appears.

The emolument of membership in this Circle is *The Cosmic Consciousness*,

Which includes Health, Happiness and Prosperity to every creature.—THE EDITOR.

KEY THOUGHT FOR
 DAILY MEDITATION:

DIVINE
 Power
 And Wisdom
 Moves forth
 From within me
 To Create
 And to fulfill
 Opportunity.



A Cosy Corner Department where everybody chats and the Recording Angel sets down what she can find room for.

All Means Exhausted; New Thought Helps:—

Since I started "On the Attainment of Health and Success" I find myself and my affairs all different. Everything before seemed to be against me. I was hopeless and disheartened seeing everything going from bad to worse. I had apparently exhausted every means, every effort and I couldn't see where in the world any improvement could come from.

But now the improvement has evidently set in somehow. The tables are fairly turned. I have for long been familiar with the injunction that "All things work for good," etc., and I thought I was ready to prove that it was a lie. But, instead, now I see and feel things working for betterment, which is very different from merely believing in it.

The New Thought way of reforming the World, i. e., creating impulsion from within, seems to me the truest and most logical formula and where everything else has failed I feel sure that this will work.—J. D. T.

Thank You, Portland, Me.!—

Dear Mrs. Towne: I am not going to be a bit formal—I love you—"because you love the things I love." I write you these few lines to tell you that I have just read your editorials in the November, 1922, issue and they mean much to me.

I know Miss Elinor Moody here in Portland—I attend her Thursday afternoon meetings and derive much help. We met with Miss Moody Thursday a week ago, and had a glorious afternoon.—MRS. F. C. SMITH, Post Office Box 703, Portland, Maine.

A Lovely Bouquet from Mattie Dodge Gammons, Bless Her!—

My dear Elizabeth Towne:—I am reading the *Nautilus* current edition, and I want to say to you that right now to my mind you are the personification of "Self-Help through Self-Knowledge." Your very apt and timely chant, "the Coué lay," is great. I like it best of all.

I saw you at Federation Meeting in Boston last spring. I cannot blame Ella Wheeler Wilcox for loving you!—as she in the long ago told me she did! I just find in your New Year greeting a truth message of deepest meaning—it does "Take All of Us," and as I read I see you dear and near and real and satisfying as a universal woman of zeal and practice of "divine circulation of loving kindness." Your magazine is today bigger and better than ever

before. God bless you, Elizabeth Towne. The world needs you more than ever *Now*.

I am entering the arena where you are, after being long away. I am back to help others to know that we are all within the great circle of God's abiding love, and to show people how to be practically in His Name.

I shall long remember you as I saw you, and had waited for years to pass, before we met, and yet, we did not really meet—it was just the soul akin to soul that I felt and that alone. Your personality was truly all that I had expected to find. Some day we will meet again.—
MATTIE DODGE GAMMONS, I. N. T. A. Field Secretary, 22 Carrington Ave., Providence, R. I.

Success to His New Era Magazine!—

Dear Mrs. Towne:—With the adage in mind "put yourself in her place," I cannot resist quoting something to you about you which came to me today from a subscriber and friend in Florida, which was never intended for your eye, and was sent to me as a reminder to tell you what we are doing with this New Era Magazine. It was sent to her from some other place, which is not named on the letter, so that I do not know the location of the original writer, but this is what she says to my correspondent:

"We heard Elisabeth Towne lecture Tuesday night. She is GREAT; so simple, clear, plain and PRETTY, with the most gracious manner. Her eyes are so sweet, kind and BRIGHT and her skin is as soft and white as a young girl's. She is wonderful. I wished for you."

Knowing that you are well-balanced, I do not hesitate to record this impression for your information, knowing as I do that the rule has been to postpone these Good Things until after our arrival in the world next door.

If you recall the little essay written by me entitled "The United States of the World" (which you published) you will be interested to know that I have resigned my business position (as of February 1) in order to devote the balance of my life to the undivided service of humanity.

The within Prospectus will give you some idea of the Scope, Purpose and Spirit of this *New Era Magazine*, and I am sending a copy of the December number, under separate cover.—CHARLES L. ROBINSON, 452 Fifth Ave., New York City, N. Y.

Self-Consciousness Cured:—

I have had a wonderful demonstration. Ever since I can remember I have been so self-conscious that if asked to read before a small group of people, even friends, I couldn't control my voice, and it seemed as if my heart would almost burst from pounding. Last night at the meeting of our club I read several scenes from a play and never even thought of this old fear. I have been taking the thought of confidence and poise into the silence.—A. B. B.

THE UNCOMMON SENSE OF PSYCHOLOGY

(Continued from Page 22.)

However, we are discussing a degree of concentration, the use of which is so productive of marvelous results that it is far from ordinary. It means the massing of every atom of energy within you upon a single purpose. It is the epitome of perfect coördination of mind and body. It is perfect efficiency.

Realizing this, you can readily understand why the focusing of all this energy upon a single desire produces what people in the past centuries called "miracles." The extraordinary results of this concentration have made successes from what otherwise would have been failures. It has made healthy many bodies which without it would have been disabled.

It has made the blind to see, the lame to walk and, figuratively speaking, has brought the dead to life. It has changed hopelessness and despondency into happiness, faith and courage.

Careful scientific analysis of what is sometimes called "divine" healing, experimentation with the laws of hypnosis, investigation of cults, religions and certain business activities which produce unusual results have shown us clearly how to produce this extraordinary degree of concentration.

With the knowledge of this device or method of focusing all our hidden powers and subconscious energy upon our desires, we are prepared to face the most formidable obstacles and to achieve victories which, to others, may seem impossible.

UNFINISHED BUSINESS

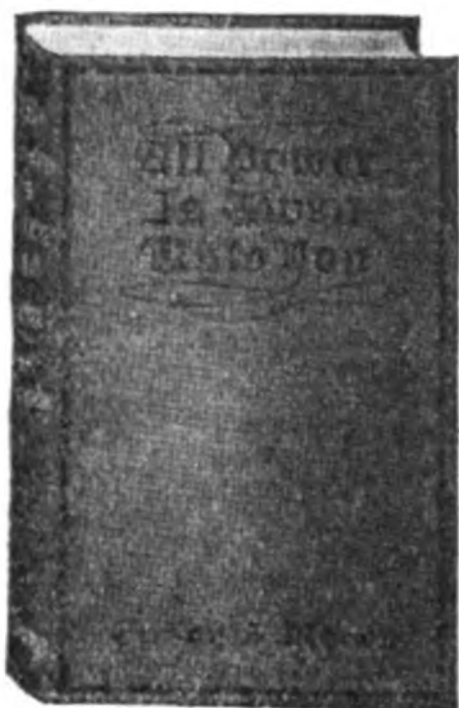
(Continued from Page 21.)

your conscience and make your days heavy and oppressed.

Learn to be moderate in the duties you accept and prodigal in the efforts you put into perfecting your work, and behold, that smothered, discouraged feeling will leave you and you will know the joy of successfully completing each task. Best of all your capacity for and love of work will prove so elastic that shortly your record for finished business will force you above the commonplace into the ranks of the world's doers. It is not so important how many undertakings you start as how well you finish them. Doers of a little bit of everything are much more plentiful than finishers of everything they do. All of which reminds me that I have a generous lot of unfinished business of my own, so let's start this reform together!

THE BRAIN of Napoleon weighed exactly the same as that of an idiot who never even learned to speak, and Gambetta, the great French statesman, had a brain that weighed thirty ounces less than that of a congenital imbecile! So you can't judge a man by the size of his hat.

—AMERICAN MAGAZINE.



LOOK THESE UP

How to take the first **STEP** toward a new life of **FREE-DOM** and **POWER** (Page 30).

How to use **CON-CENTRATED THOUGHT** which is all powerful (Page 46).

Henry Ward Beecher's personal experience in learning to manage his mind (Page 55).

Is Your Mind Creating What You Desire?

Your mind is an individual creator within you, says Elinor Moody.
As you think, so do you create for yourself.

To learn how to attract that which you desire—

To so adjust your life and straighten out the kinks as to make it a **SUCCESS**, read Elinor Moody's book—

All Power Is Given Unto You

In this book the Girl from Maine goes right to the heart of personal problems such as **YOU** want to solve.

On page 121 she tells you **HOW TO MAKE YOUR IDEAS REAL**. How your subconscious mind deals with ideas instead of things and how you **CREATE** according to your idea—and the **PROCESS**.

On page 88 Elinor tells how by **CREATIVE THOUGHT** she met her definite need for a complete set of the White Cross Library, that it was imperative she should have by a certain date for a certain purpose.

On page 124 she explains the motive power that brings you what you desire.

HER METHODS BRING SUCCESS. The proof lies in the fact that a few years ago Elinor Moody, an unknown country girl in a strange city, **FACED A SUDDEN AND UNEXPECTED LOSS OF \$40,000**. And by the use of **CREATIVE THOUGHT**, according to her own methods, she demonstrated and paid every cent of that \$40,000.

"**ALL POWER IS GIVEN UNTO YOU**" is a beautiful book of 160 pages, cloth bound. **DO NOT WAIT! Price, \$1.60.** With *Nautilus* one year \$3.10.

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The **NEW PRINCIPLE OF IMMUNIZATION** in 9 Easy Lessons entitled "Twenty Minutes From Physically Fit"

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By the use of this new process Dr. Graves believes one may make himself **IMMUNE TO DISEASE**, banish all worry and build a perfectly healthy body filled with vitality.

He says (page 7 of his course): "There is no way of measuring the wonderful vitality you can build for yourself. In increasing your vitality you gain strength, you become powerful."

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Rev. E. L. Combs, Supt. Home Missions, Synod of Missouri, writes Dr. Graves: "Have been using your book for some months. For years previous had been bothered with constipation. Took every conceivable kind of medicine for it, but constantly grew worse. I am glad to say that by using the exercises given in your book I have been entirely cured of it."

All of the exercises, including those for **IMMUNIZATION**, require only a few minutes daily. One chapter is devoted to "Weight and Diet."

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- Vitality greatly increased.
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MOTION picture producers often pay \$500 to \$2000 for acceptable screen stories. Yet their demands for stories can not be supplied. In the last few months newspapers and film companies have paid more than \$50,000 in scenario contest prizes, all to secure new stories and encourage new screen writers.

And your life probably holds many incidents which would form the basis for stories worth telling—and selling.

A California school teacher; a Chicago society matron; a Pennsylvania newspaper reporter; an under-paid office man in Utah, are a few who have sold their stories at handsome prices, become studio staff writers or won big sums in scenario contests.

They studied screen writing to get away from routine work. Not one was a recognized author. Not one was a master of literary skill.

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ALL were discovered through the novel Palmer Creative Test by which phenomenal results have been obtained.

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These facts have been conclusively proved (1) many people who do not at all suspect their ability, can write Scenarios, and (2) this free Test does prove to the man or woman who sends for it whether he or she has ability enough to warrant development.

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tial, and tell you frankly what your test shows.

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Send the coupon for the Palmer Creative Test. Answer now this question which relates so vitally to your future course in life.

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All correspondence strictly confidential.

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(Continued from Page 2.)

tram or more which do better work for you, than the original one with which you began.

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**TO ESTHER HENRY:
GRATEFUL LOVE
AND GOD-SPEED.**

Miss Esther Henry, beloved teacher and healer, long President of the Life, Love and Truth Center of Hartford, Ct., the oldest

New Thought Center in this country, and I. N. T. A. Field Secretary, has laid down the physical garment this world knew, and passed on.

A woman of rare refinement and intellectuality, Esther Henry possessed one of the most unselfish natures possible to find, a vision large and beautiful and an almost childlike trust in the goodness of humanity. Her influence has been far-reaching. In her passing, the New Thought Movement, as well as her immediate state and city, will miss a wonderful personality.

Nearly six years ago the NAUTILUS came into my life. It changed everything for the better. As I look out on life this morning I find I am doing the same work in my home, my church and the W. C. T. U., but with such a difference. It seems as if everything counts, since I have studied the NAUTILUS, and tried to follow your teaching, every month of the year. It has been a fountain of refreshment for me! I am sending you an address I gave a while ago at the Providence New Thought Center—afterwards by request before the W. C. T. U., the R. I. Suffrage Association, and then in the Y. M. C. A.—**FLORENCE FORD POOLE** (Mrs. William H. Poole), Providence, R. I.

While many earnest Christian people shrink with almost a sentiment of profanation from the analysis of their faith, I find it personally a satisfaction to establish a reason for the faith that is in me. The exploratory work of the Nautilus has been a source of cheer to me. Sincerely,—**F. MONTGOMERY BAKER**, Philadelphia, Pa.

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YOURS If You WILL IT

I Will Point the Way

—Eugene Feuchtinger



Prof. Eugene Feuchtinger, A. M.

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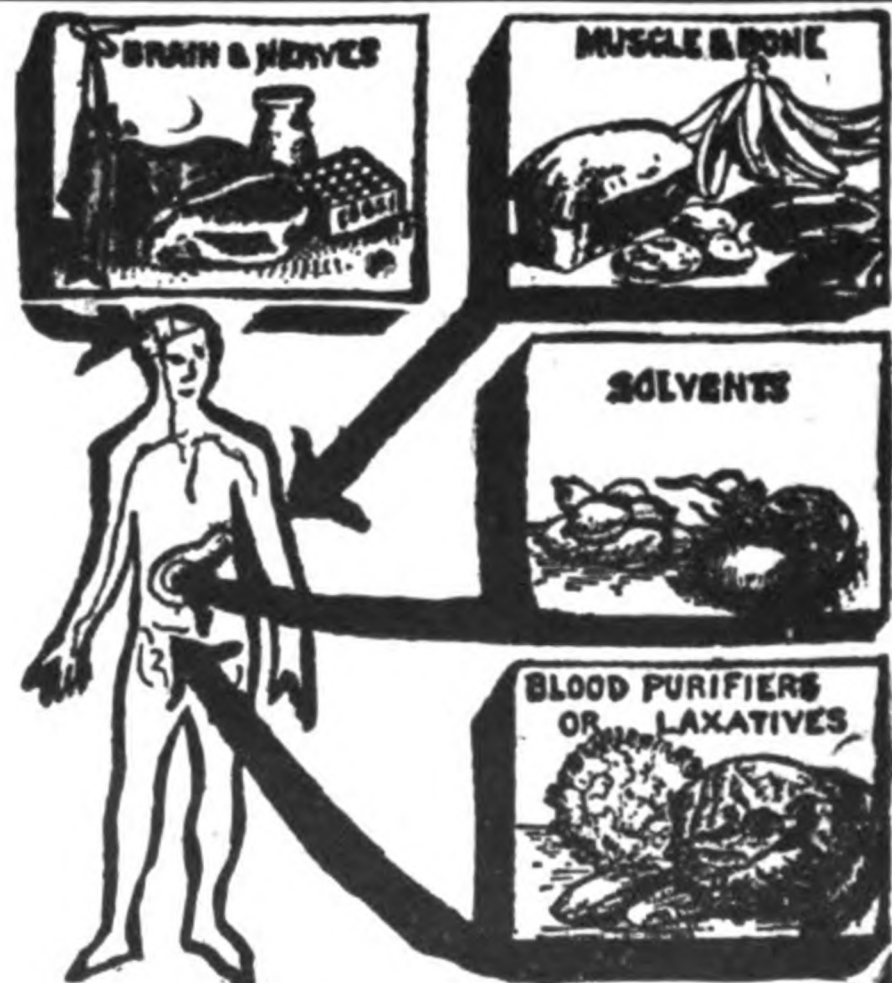
which remove lines and "crows feet" and wrinkles; fill up hollows; give roundness to scrawny necks; lift up sagging corners of the mouth and clear up muddy or sallow skins. It will show how five minutes daily with Kathryn Murray's simple facial exercises will work wonders. This information is free to all who ask for it.

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Say you saw it in NAUTILUS. See guarantee, page 5.

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How to Turn Your DESIRES AND IDEALS INTO REALITIES

By Brown Landone.



New Ideas That Make Your Ideals Live

Mr. Landone will tell you how to add the power to your desires that makes them **SURE** to come true.

If you want to know what desires **YOU** can make come true, turn to page 9 of this new book and read the opening chapter.

Raising a man's salary from \$3000 to \$12,000 a year is only one of the minor results of a few weeks' practice of the idealizing process taught in this book. The man who did it has written a foreword to the book, in which he vouches for the truth of the statement. (See page 3.)

Part of the material in this book is rewritten from articles that have appeared in Nautilus, but the larger part is new.

"How to Turn Your Desires and Ideals Into Realities" is cloth bound, large clear type, printed jacket, 160 pages. Price \$1.60. Your money back if you are not satisfied after five days' trial. **USE COUPON NOW AS THE SECOND EDITION WILL SOON BE GONE.**

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Can You Use Ideas Like These?

What desires you can make into realities

- How to know that you, yourself, can make your ideals come true. (Page 14.)
- How desire-ideals become realities. The only three activities necessary. (Page 32.)
- Attaining that which you desire is easy and certain if you carry out the three activities as directed. (Page 33.)
- How to form an ideal that will come true. (Page 37.)
- How to give your ideal a *heart of desire, a body of substance* and an *impulse of action*. (Page 37.)
- Building a successful business in face of competition. (Page 80.)

How to fire your desire so it will come true

- Firing the desire of your ideal. Making wishes into desires. (Page 42.)
- How to feed the fire of your desire when it is chilled by disappointment and discouragement. (Page 43.)
- How to create a body for your ideal. (Page 46.)
- How to give your ideal the impulse of *action* to make it real. (Page 49.)

12 factors that make your ideals live

- The 12 factors, including visualization, that will make your ideal live. (Page 50.)
- Try this new process of adding *action* to visualization. (Pages 51-52.)
- How to carry out the *process* that makes ideals come true. (Page 53.)

- Where to center your effort. (Page 64.)
- Building a successful business in the face of the worst kind of competition. (Page 80.)
- Idealizing the process for a widow with four children so as to turn her failing business into a success. (Pages 80-81.)

5 minutes a day makes you super-efficient

- Five minutes idealizing a day makes you super-efficient. (Page 86.)
- Amazing results of five minutes' idealizing by a South American physician. (Page 86.)
- Turning desires for sales into actual sales. (Page 90.)
- How Elizabeth Towne idealized and expanded the idea of a lecture by Brown Landone and made it a reality. (Page 64.)
- How we idealized the process during the great war. (Page 66.)

How ideas are turned into fortunes

- How idealized *things* make fortunes. (Page 69.)
- The man who manufactured "*just*" little wicker hand satchels.
- How the multi-millionaire soap king idealized the *thing* he produced and made his business a world-wide success. (Page 72.)
- A billion dollars by idealizing the *movement* of things. (Page 75.)
- Money the *result* of abundance, not abundance itself. Abundance must be *turned into* money. (Page 75.)
- When Rockefeller did and when he did not idealize the process. (Pages 77-78.)

Say you saw it in NAUTILUS. See guarantee, page 5.

UNITY PRESS HOLYOKE, MASS.

\$4.97 For This \$10 Course

Mr. Landone has agreed, for the present and as an experiment, to reduce his royalty on "THE SUCCESS PROCESS" lessons to a point that enables us to cut the price in half.

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Notice—If you send \$4.97 to-day with the coupon it will be refunded if you do not keep lessons.

THE NEW LANDONE PROCESS OF SUCCESS

The Method that Guarantees Your Financial Success

UNLESS you VISUALIZE (in advance) ALL of a plan, you cannot be certain of success.

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The new Landone process will enable you to KNOW in advance, in regard to any plan—

The FACTORS that determine your success.

The STEPS you must take to succeed.

The MEANS you must use.

No matter what your business or occupation may be, YOU CAN APPLY THIS PROCESS TO MAKE YOUR PLANS SUCCEED.

Income Multiplied by 8

On page 4, Lesson I, is the experience of "George, the \$10,000 a Year Success." This young man used "THE SUCCESS PROCESS" so effectively that in a short time he increased his earnings something like 800%.

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She owned a small delicatessen store. Just across the street was a big competitor—large new store, white tiled walls, big display windows, lavish stock.

The modest little store was fast losing all its trade. Then the owner consulted her friend and customer, Brown Landone. He taught her to apply the PROCESS to her problem. In a short time she was not only holding her trade, but *making more money than ever before.*

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What do these ideas mean to you?

- The only way of doing things that guarantees success. (Page 15, Lesson II.)
- A million men lost their heads—one man succeeded and HOW. (Page 10, Lesson II.)
- How to idealize, test and examine your plan by the five factors that INSURE its success. (The great Quebec bridge collapsed for lack of idealized plans.) (Page 20, Lesson II.)
- How to test every factor in your plan by idealized sense images. (Page 22, Lesson II.)
- The four easy steps in idealized planning that enable you to survey all your plans in advance. How a colossal failure resulted from the neglect of such a survey. How to make your plans vital, sane and safe. (Page 29, Lesson II.)
- How to idealize the process of selection so as to prevent mistakes, failures, disappointments in regard to your undertakings. (Page 35, Lesson II.)
- How a physician, in the face of a great disaster, was able to give relief to twice as many victims as any other physician because he idealized his plans before leaving his office. (Page 38, Lesson II.)
- How to idealize the factors and process of DOING. (Page 42, Lesson II.)
- How to idealize yourself in action so as to insure the success of each act in advance so as to establish the habit of succeeding. (Page 44, Lesson II.)